

# THE Messenger

Lakes, Bay & Region • September 1, 2018

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## Toowoomba Carnival of Flowers

BLOOMING FANTASTIC FESTIVAL  
OF FLOWERS RETURNS WITH FOOD,  
WINE, SONG, AND MORE

LEONIE ON: I JUST WANT TO BE CONTENT BUT I NEVER AM



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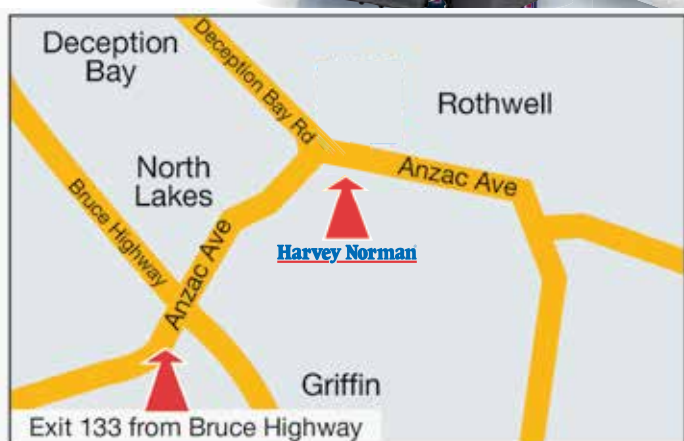
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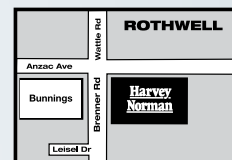
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# THE Messenger

Now in its twelfth year, the Messenger is your free weekly publication. Wholly owned, operated and produced locally. Proudly independently published.

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**editor@northlakesmessenger.com.au**

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For the Community Notice Board and Your Say please email: **community@northlakesmessenger.com.au** observing the requisites and disclaimers printed on their relevant pages.

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*The Messenger would like to acknowledge the traditional owners and elders of the lands and waters within the Moreton Bay Region and surrounds, both past and emerging.*



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This and cover image by David Kelly

Adam Liaw

Blooming fun

Wine

Shank Brothers BBQ

Grand Central Floral Parade

Queen's Park

Julia Busuttill Nishimura

Dusty Springfield Show

Food

The Living End

# TOOWOOMBA CARNIVAL OF FLOWERS

**Blooming fantastic festival  
of flowers and more returns  
Friday 21 to Sunday 30  
September**

Toowoomba, the Garden City, two hours drive for most of us, but many of us make drive to Toowoomba Carnival of Flowers every year anyway. Why is that? Because of the flowers? Well, yes. And so much more

Toowoomba Carnival of Flowers (TCOF) took home the gold for Major Festivals and Events at the Australian Tourism Awards. Put simply, it's the best major event in the country. Suddenly, that two hour drive doesn't seem so long.

The festival began back in 1949 as a way for Toowoomba to leverage their "Garden City" reputation to promote economic activity during the era of hardship following the war. In 1950 the famous street procession began. At the time it was led by a bullock team, stretched three miles, and was watched by a crowd estimated to be 50,000! No small feat for the 50s.

Following that undeniable success the festival has since remained a mecca for flower fans, who travel from all around the world to take in the blooming views, but has also blossomed into so much more. TCOF is now, literally, the gold standard celebration of unique events and experiences including internationally acclaimed musical acts, award winning parks, some of the best food and wine to be found in Southern

Queensland and a multitude of cultural adventures, stars, celebs and - without doubt - the most instagenic event of the year.

For many the Grand Central Floral Parade is reason enough to go. To be held on Saturday September 22, 2018, the 69th annual parade will host over 70 floats and attract an estimated 100,000 spectators. While the parade is the tall poppy of the carnival, there's a whole a lot more.

The seedlings and annuals on display to see, smell and photograph include Alyssum, Aquilegia /Columbine, Bellis, Calendula, Cheiranthus, Chrysanthemum, Cineraria, Delphinium, Dianthus, Digitalis, Erysimum, Hollyhock, Kale, Linaria, Lobelia, Mesembryanthemum, 53 different varieties of Pansies, Parsley, Petunia, Phlox, Poppy, Primula, Ranunculus, Rats Tail Statice, Rhonanthe, Schoenia, Snapdragons/Antirrhinum, Stock, Sweet Pea and Viola.

Brand new for 2018 is the Night Garden powered by Ergon Energy - based in Queens Park, The Night Garden is a magical creation featuring floral and lighting displays and experiences, to be held over five nights from September 26 to 30.

The entire city springs into life during September giving you free-range to explore the garden city but the program of guided garden tours and park walks are an even better way to do it.

The tireless gardening team have been busy since April preparing parks and gardens citywide to create the world-famous colour explosion that is TCOF. You'll find them literally everywhere but when you visit, your must-do list should include Queens Park, Laurel

Bank Park, Picnic Point and Top of the Range, the CBD (Ruthven/Margaret Streets), Newtown Park, Vera Lacaze, Chalk Drive and Spring Bluff.

Entertainment has become a big part of the festival in recent years and for 2018 The Heritage Bank Festival of Food and Wine will host jaw-dropping line-up of incredible music acts, no matter your musical preference, there's something for you. The lineup includes acts such as Ali Barter, Cloud Control and The Living End on Friday September 21. The Dusty Springfield Show, Chocolate Starfish and The Church on Saturday September 22 and Kyle Lionheart, Augie March, Swing On This featuring Rob Mills and Ben Mingay and Choir Boys on Sunday September 22.

The Heritage Bank Festival of Food & Wine is the epicentre of unique events and experiences inside the carnival and will showcase local produce, wines and craft beers from the pastures, orchards and vineyards of South Queensland Country. Being the gold standard, TCOF isn't doing gastronomy by halves, there will be over 50 food and wine stalls, beer and BBQ demonstrations, foodie experiences and cooking demonstrations.

The Qantas Gala Dinner will be held on Thursday evening September 20 in Laurel Bank Park under the stars, the perfect beginning for 10 days of celebration.

This year, TCOF will welcome two celebrity chefs, Adam Liaw (host of Destination Flavour) and famed Mediterranean-style cook Julia Busuttill Nishimura.

Author, television presenter and highly acclaimed cook, Adam Liaw will be sharing his delicious Asian creations and culinary knowledge in cooking

demonstrations over the weekend and Melbourne-based cook and food writer, Julia Busuttill Nishimura will also be showcasing her Mediterranean-style creations in cooking demonstrations.

New for 2018 is The Chef's Brunch. Set in the leafy gardens of Gip's Restaurant. 9am on Sunday 23 September you'll be able meet, greet and eat with Nishimura. She will be speaking about the recent release of her debut cookbook Ostro, enlightening fans with her food philosophy and what cooking at home means to her.

Fans of low and slow barbecue aren't overlooked as BBQ heroes, previous winners of Channel 7's Aussie Barbecue Heroes will be in attendance every day of the festival. Brisbane's Shank Brothers will be doing daily 'hot & fast' demonstrations, cooking locally sourced beef, chicken and lamb on the BBQ and Low and Slow tastings for those who like to eat the delectable meats.

There is so much to this festival that no article could cover it so handily the full program and details of entertainment, food, accommodation, organised and guided garden tours is available and can be found booked online.

While still largely free the festival has many special ticketed events and if you haven't booked your favorites already, you should do it now.

If you're planning an overnight stay in the garden city accommodation should be sought now. The official website is offering details offering accommodation, but the festival is of course, still the finest day trip around.

**For all of these details and bookings visit the official site at [www.tcof.com.au](http://www.tcof.com.au)**





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### NEIL DIAMOND SUPER HITS IN NORTH LAKES

Neil Diamond lovers are in for a treat with Australia's premier Neil Diamond tribute act performing all of Diamond's super hits at North Lakes Sports Club on Saturday 15th September.

"North Lakes Sports Club members have the opportunity to attend the Neil Diamond Super Hits show free of charge from 8pm," stated Mr Sartori, General Manager.

"For the complete show experience, members can choose our reserved seat and dinner ticket option, which includes a drink on arrival, allocated seat in the Discovery Lounge, support entertainment prior to the show and a two-course buffet dinner for only \$45 per person.

"Tickets won't last long so I highly recommend getting in quick to secure your seats!"

The Neil Diamond Super Hits show presents a classic array of super hits from a Rolling Stone legend, with the show touring the country since 1993.

Songs including Sweet Caroline, I'm a Believer and Kentucky Women are just some of the Neil Diamond hits still relevant today and feature in the tribute show.

Tickets on sale now for the Neil Diamond Super Hits tribute show at North Lakes Sports Club on Saturday 15th September.

Book Reserved Seat & Dinner tickets today via the website or through the North Lakes Sports Club Foyer.

For more information visit [www.northlakesports.com.au](http://www.northlakesports.com.au) or call 1300 006 572.

### A PICNIC AT PEMBERLEY

Showcasing history like no other organisation in the region, a true delight is planned for Saturday 8th September on the grounds of the Abbey Museum of Art and Archaeology, located in Caboolture. The annual 'A Picnic at Pemberley' will take place, an Abbey branded-event themed on the Regency era and hosted in character by the protagonist of Jane Austen's novel *Pride and Prejudice*, Mr. Fitzwilliam Darcy.

This year's event starts with an optional morning dance workshop at 10.00am, with the gates open at 11.30am. Popular games of the era such as Pall-Mall and Shuttlecock are open to all on the grounds of the Abbey Museum and Church and the symbolic Maypole will entice additional dancing and exercise. There will be horses and militia displays, with the highlight of the event being the afternoon tea. Guests will have the opportunity to listen a short talk entitled 'The Use of Herbs in Regency England', in addition to two workshops on embroidery and water-colour painting; all Regency authentic activities. Visitors may also choose to bring their own picnic lunch or alternatively pre-purchase a lunch-basket for the afternoon tea which is served around 2.30pm.

To support sustainability, the Abbey Museum encourages participation from local businesses would urge them to consider the many social and economic benefits of aligning with an Arts organisation. 'We would expressly like to thank our current sponsors, ERMS Group, North Harbour, Colonial



PICNIC AT PEMBERLEY

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Village and Flair Jewellery Bribie Island for their support'. All proceeds for this event will support the Museum's on going fund-raising to build an art gallery.

Tickets are available on the Abbey Museum website. [www.abbeymuseum.com.au](http://www.abbeymuseum.com.au) and the event will run to 4.00pm.

### PET FRIENDLY FLOWER FESTIVAL - TCOF

Toowoomba Carnival of Flowers has launched Petals & Pups - an official dog-friendly program, boasting more than 30 dog-friendly activities, 27 off-leash parks and 20 human-and-hound accommodation stays.

Held from September 21 to 30, the 2018 Toowoomba Carnival of Flowers will feature a program of more than 60 unique events and experiences, including beautiful garden tours, internationally acclaimed music acts, some of the region's best food and wine, and a multitude of cultural and natural adventures - and it's dog friendly.

More information about the

carnival on page 6 of this edition or via the official site at [www.tcof.com.au](http://www.tcof.com.au)

### ARANA VIEW MEETING SEPTEMBER 2018

The Arana VIEW Club spring meeting will be held on Wednesday 5th September, 10.30 for 11.00am start at the Arana Leagues Club, Dawson Parade, Keperra. Cost of the two course lunch is \$27.00 and includes tea and coffee. There will be the usual lucky door and raffles prizes with all proceeds going to supporting the club's 14 Smith Family "Learning for Life" Students.

The guest speaker in September will be Phil Wellington who will divulge the secrets of growing successful Bonsai.

The club welcomes new members and guests at meetings and the many social activities held each month. Please phone Carol by 12.00pm Monday 3rd September to book.

### PINE RIVERS PARK TEDDY BEAR'S PICNIC

Capes, costumes and superheroes of all shapes

and sizes will descend to Strathpine's Pine Rivers Park for a special super-themed Teddy Bears' Picnic on Wednesday 12 September 2018.

Running 9.00am to 12.00noon, join in a super morning of fun with free music, entertainment and activities for children up to five years of age.

Sing and dance to stage shows, take part in workshops and activities, explore the creatures in the animal farm and bring your best-dressed teddy for the popular Teddy Bears Parade.

Free rides including jumping castles, a ferris wheel and swinging pirate ship will test the bravest of little superheroes.

Throughout the morning there will also be face painting, market stalls and plenty of advice for parents from local health and service providers.

Limited free onsite car parking will be available in Pine Rivers Park.

The Pine Rivers Park Teddy Bears' Picnic is a free event.



PET FRIENDLY FLOWER FEST



TEDDY BEAR'S PICNIC



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**DEATH OF A SALESMAN**  
9 February to 2 March



**HYDRA**  
9 March to 6 April



**BARBARA AND THE CAMP DOGS**  
1 May to 25 May



**CITY OF GOLD**  
29 June to 20 July

## A SEASON OF DREAMERS

### Queensland Theatre announces their 2019 season

How will Queensland Theatre - Australia's fastest growing theatre company - best their record breaking 2017 and a critically acclaimed 2018 season that will probably break those records it set a year earlier? With a ranging eight productions that include five world premieres, multiple Queensland exclusives, and Australia's newest theatre - the Bille Brown Theatre, in what Artistic Director Sam Strong is calling a 'State of Origin' approach to theatre.

"We want to put the best people and the best work on stage that we possibly can. Working with the best artists, and bringing the best artists from around the country to work, adopting what I'm loosely calling the 'State of Origin' approach. That is, to bring back Queensland artists who might have recently left or left a while ago. We want to bring great Queensland artists back home," he told the Messenger last week.

If eight unforgettable shows wasn't enough, Queensland Theatre are leading the industry via gender parity of writers and directors and four new women in artistic leadership

positions. 2019 will be Queensland Theatre's biggest year yet with the first Principal Partnership in the Company's history.

Artistic Director Sam Strong has taken Queensland Theatre to unprecedented levels of success and 2019 will be even better.

"In 2017 Queensland Theatre was the fastest growing major theatre company in Australia and the most watched performing arts company in Brisbane. In 2018, we grew our audience again and will open Brisbane and Australia's newest theatre. And now, in 2019, we will take shows across Australia while also creating Queensland exclusives that will be the envy of the rest of the country," said Strong.

"We begin with the world premiere of Hydra, award-winning playwright Sue Smith's portrait of writers Charmian Clift and George Johnston. This is followed by the world premiere of the most provocative play to hit the Australian stage in years, City of Gold by electric young actor Meyne Wyatt. Next, in a coup for Queensland, we will be home to not just the world premiere of Joanna Murray-Smith's latest play, but her world directorial debut, with the wickedly funny L'Appartement. Add to this the world premiere of hilarious new musical Fangirls by the unfairly talented Yve Blake, and the world premiere of award-winning Brisbane

writer Merlynn Tong's adaptation of Antigone, and you have Queensland Theatre's most urgent, ambitious, and entertaining season yet," said Strong.

The season is rounded out by one of theatre's biggest classics, Death of A Salesman, performed by an all-star cast of Queenslanders (both resident and returning), the rock'n'roll family reunion Barbara and the Camp Dogs by the brilliant Ursula Yovich and Alana Valentine, and a landmark new production of Tom Holloway's adaptation of Colin Thiele's cherished story Storm Boy, bringing together the creative forces behind Jasper Jones and The Wider Earth.

Season 2019 features the best local talent like David Morton of Dead Puppet Society, Emily Burton, Ray Chong Nee, Jason Klarwein, Thomas Larkin, Pacharo Mzembe, Christen O'Leary, Hugh Parker, Bryan Proberts, and Melanie Zanetti. It also continues Strong's 'State of Origin' approach of attracting leading Queensland talent home, actors like John Batchelor, Peter Kowitz, Angie Milliken and Anna McGahan, and one of Australia's most in demand directors, Leticia Caceres.

Strong said 2019 was a season defined by the variety of experiences it gives audiences.

"Between the book-ends of two

of the greatest plays ever written, we have an exquisitely observed relationship portrait, a rock and roll road trip, a provocative political battle cry, a heart-warming family classic, a wicked social comedy, and even a joyous new musical. Theatre-goers can be part of the extreme passion that only teenage years can induce, the disillusion that can accompany the end of a working life, the idealism of young adulthood, the ebbs and flows of a long relationship, and the bittersweet passage from childhood to adulthood."

Strong said it is a "season full of dreamers - of people who confront even the darkest of times with a faith that life can be better. If there is diversity across the eight shows, they are unified by a spirit of optimism. Even if the stories occasionally break our hearts with tragic circumstances, they are all shot through with hope."

Subscriptions for 2019 are on sale now. Single ticket sales for Death of a Salesman, Hydra, Barbara and the Camp Dogs and City of Gold on sale from 9am Monday 3 December 2018 while single ticket sales for Storm Boy, L'Appartement, Fangirls and Antigone on sale 9am Monday 29 April 2019.

Tickets available via [www.queenslandtheatre.com.au](http://www.queenslandtheatre.com.au) or telephone 1800 355 528 or email [mail@queenslandtheatre.com.au](mailto:mail@queenslandtheatre.com.au)



**STORM BOY**  
29 July to 17 August



**L'APPARTEMENT**  
3 August to 31 August



**FANGIRLS**  
7 September to 5 October



**ANTIGONE**  
26 October to 16 November



# Orthodontics – it is never too early to start

Traditional orthodontics has always been about straightening the teeth to achieve a cosmetically appealing smile. Whether it be fixed braces, clear aligners or extracting teeth to create space, the primary focus has always been straight teeth. At **Anzac Avenue Dental**, we look at why the teeth are not in the correct position to start with and address the underlying structural and physiological issues before we straighten the teeth. While the end result for your smile will be the same, your overall development and physical health will be vastly different.

The jaw, airway, facial development and tooth position are all inter-related and if you correct one without addressing the other, the chances of the teeth moving or relapsing to their previous position is high.

Did you know that the way you breath, the type of food you eat, whether you are bottle fed, have a dummy, suck your thumb or have allergies all affect the way your face and jaw develop, especially in the first few years of life? Your upper jaw develops around the shape of your tongue when it sits at the roof your mouth. When the upper jaw develops properly, there is usually sufficient space for the adult teeth to come down correctly.

Humans are designed to be nose breathers so the nose acts as a filter and humidifier for the air we breathe. When you breath through your nose, your tongue naturally sits at rest on the roof of your mouth. If you don't or can't breathe through your nose, you become a mouth breather and your tongue doesn't sit where it should. This in turn means the upper jaw can develop into a narrower shape than what would normally occur and the lower jaw follows. A narrow jaw means there is often insufficient space for the adult teeth to come through and



Schematic (A), Radiograph (B) and Photographs (C and D) of low posture of the tongue at rest. The mandibular incisors display a pronounced protrusion. Lower arch leveling is changed, with mandibular incisors positioned below the occlusal level. Due to the distance between the back of the tongue and the palate, posterior crossbites may emerge. The arrows represent the direction of the force exerted by the tongue.

crowding can occur. The narrow jaw development and lack of adequate growth in the mid part of the face can also lead to other issues such as a narrowing of the airway resulting in snoring and sleep apnea. Research shows a link between narrowed airways and more complex health problems including heart disease, anxiety, depression, weight gain and behavioural problems. Children and adults who have allergies causing nasal congestion and blockage, enlarged tonsils and asthma are all prone to mouth breathing.

The Dentists and Hygienists at **Anzac Avenue Dental** have taken a special interest in early intervention treatments that can address and correct the jaw development at an early age with the aim of reducing the need for fixed braces down the track. They have completed training both in Australia and overseas to look past the treatments offered by traditional Orthodontics. Speech patterns, breathing techniques and special exercises designed for very young children can be used to assist in developing correct habits to aid development. In children

under ten, removable growth guidance appliances are used to stimulate the body's own ability to grow and develop to your genetic potential. Teenagers and adults can use fixed growth guidance appliances to correct the narrow jaw and allow space for the teeth to be straightened with braces. More and more adults are using this treatment to correct underlying airway problems and reduce the need for sleep apnea machines and sleep appliances.

The first step in your treatment plan is a CBCT scan – a 3D image of your face, jaw and airway. This allows our Dentists to assess the growth pattern, airway and tooth position so they can determine the best treatment options available.

At **Anzac Avenue Dental**, we have CBCT on site so if you are considering early intervention orthodontics for your children or you want to discuss the options for yourself, given us a call. It is never too early or too late to start!

## We know there is a story behind every smile.

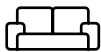
We would like to get to know yours!

- ◆ General family and emergency dental care
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## I JUST WANT TO BE CONTENT BUT I NEVER AM

Hi Leonie,

To be brief, I just want to be content but I never am.

I thought if I got a good husband and had kids, I would be content, but I'm not. It's not that I'm miserable or anything but I find when I achieve a goal and it can be anything, like completing a subject at uni to getting a new car, I am content for a little while but then I am longing for something again and I don't even know what that something is.

It's really hard to explain to someone, but I get this anxious restless feeling in me that stirs me up. My husband says that I am impossible to please.

So, what I really want to know is this. I am I broken? Do I have a disorder of some kind?

Tikka

Hi Tikka,

Firstly, let me say that from what you have said in your email, I certainly don't think that you are broken or that you have a disorder. Throughout my life I have come across three theories as to why we can't maintain happiness with the restlessness and discontent eventually returning. I personally believe in all three and believe that the answer lies in a consideration of this triad. So, to my mind these three answers fall into the following categories:

- Scientific
- Spiritual
- Reality and acceptance

Let's look at the Scientific explanation first. I am very much swayed by the work of

Daniel Nettle. Nettle argues that happiness is indirectly linked to evolutionary survival. The promise of happiness, in his view is an empty promise that motivates us to keep plodding on doing things we hate like work and chores in the belief that happiness is achievable. So, when we look at this evolutionary survival idea, nature doesn't care if you are particularly happy. In fact nature only cares that you live long enough to procreate and keep the species going.

Consider the animal Kingdom. If we look at animals, you can see this quite plainly. That lion that just brought down an impala and dragged it up a tree to feast on for days, is pretty darn happy in the short term but if he never became hungry again with all the discomfort, discontent and inner turmoil that this brings, he would never hunt again, and we would soon see one very dead lion. We are just not designed to be happy all the time.

Next if we look at the Spiritual explanation we need to consider the fourth noble truth of Buddhism which is that all things are in time and time passes away. So, it's natural for us to go through our lives experiencing things, people, places and the happiness it brings, it's natural for these experiences, things, people, places and happiness to pass and make way for new ones.

So, life is full of ups and downs and happiness is not a destination, it's an experience that comes and goes just like all emotions. You can notice this in your own life easily. You get that new car with the new care smell and its your pride and joy. However pretty soon you stop washing it as much as you used to, and you start chucking things on the floor and filling your

back seat with clothes other stuff. The buzz wears off because you are designed to want something else eventually and this wanting keeps you hunting for the next thing you think will do the trick.

Another example of this is with relationships. Here's a personal example. My daughter Candice has just had her first child Vance (named after my father) and she is always saying "Mum, he's growing too fast, I want to treasure these moments. I want to keep my baby" so I say to her that if she did have the magic to keep Vance a baby forever, she would miss out on that crawler, that toddler, that pre-schooler, that teenager and man that he is destined to become. Because all things are in time and time passes away.

Now for reality and acceptance. The best way I can think of to describe this idea is to use an example. So, if you are a 5'2 man and you spend your whole life wishing that you were 6'2 and being discontent and angry at the world because you feel that you were short changed by nature, you are going to have a miserable life.

We should always strive to be the best we can be, but we must also realise what is in our power to change and what is not. Raging against reality and shaking your fist at the sky is a fool's game.

So, Tikka, I believe in all three of these explanations, but you are probably wondering how all this is going to help you. Sometimes if we know the cause of something it brings peace and acceptance, especially when someone normalises our issues and we understand that this feeling may just be the human condition.

Til next week, Leonie

E-mail: [leonieschilling@bigpond.com](mailto:leonieschilling@bigpond.com)  
Leonie Schilling is a qualified private practitioner at

*North Lakes Counselling Services*

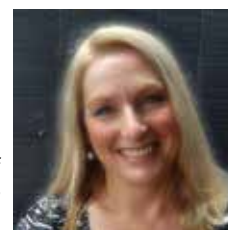
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### ABOUT LEONIE

Leonie Schilling is a qualified counsellor, Trainer and Assessor, published Author, Columnist, Radio Commentator and Justice of the Peace. Established in 2007, North Lakes Counselling Services has a long history of helping couples and individuals manage their relationships and attain their personal goals.







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# ALL OF THE BUZZ ABOUT SPRING!

BY: TANYA LOVE

**W**ith the onset of Spring comes the warm weather. When you're a beekeeper, however, spring has an extra significance: It is the start of honeybee swarm season.

For many people, a swarm of honeybees - which can number well above 10,000 - is what nightmares are made of. Swarms can be very loud and such a large number of bees flying around can be frightening.

Sadly, in many cases it is all too common to hear that someone has experienced a bee swarm and reached for the can of Mortein. The result is fatal to the swarm.

With the world's population of bees declining it is up to us to do what we can to help honeybees survive.

Many beekeepers have accepted the responsibility of rescuing bee swarms and relocating them to a safe environment. The experience of capturing a swarm alive is not only satisfying for the beekeeper - it can benefit the struggling bee population too.



Photo: University of Florida.

## What causes a bee hive to swarm?

Contrary to popular believe, a honeybee swarm is not angry, hungry, scared or bored. Swarming is a natural event in the life of a bee colony and occurs in the springtime. Spring increases food source availability and the bee numbers rapidly increase. For a hive, this is positive

sign, indicating that it is strong enough to split. The previous queen and about two-thirds of the bees leave the old hive behind to search for a new home.

Prior to leaving the old hive, they will make several new queen cells, so a new queen will be born and take over the remaining hive.

Unfortunately, due to infrastructure and residential development, the bee swarm habitat has been significantly reduced. As such, it has become increasingly more common for swarms to come to rest in populated areas.

Dispelling the fear of bees is not an easy task but beekeepers can assist. They can educate people on the behavior of the honey bee and how important they are to our environment. A bee swarm has absolutely no interest in attacking anyone, their primary focus is ensuring the queen is safe and to find a new location to restart the colony.

Jason Roebig from Bee All Natural explains, "We have rescued many, many bee swarms and often we did not even need to wear protective suits or veils. Swarms are extremely docile and compliant. We simply shake the swarm into a box and let them settle. After about 20-30 minutes we can put a lid on the box and safely transport them to a more suitable location where we monitor them to make sure they are healthy and disease free."

Beekeepers try to avoid bee swarms, as they understand the need for the hives to be full strength going into honey season. They minimize swarms by removing frames of brood (bee eggs and larva), honey frames and empty frames from the stronger hives. Following this they move them to an empty box and start what is referred to as a Nucleus Hive. This practice gives the strong hive plenty of room to continue to grow and avoid stress. By doing so, the beekeepers have essentially performed a managed swarm event.

## What can you do if you experience a swarm?

There a couple of options, the first is to simply leave them alone. Generally when you see a swarm of bees clumped together they are basically taking a rest break. While they are resting the swarm has sent out scout bees to find a new

location to move in to.

Once the scout bees find a new home they will return to the swarm and perform the "bee dance" which gives the swarm the directions to their new home. The swarm will then move on usually within a day or two.

The second option, and by far the best option is to contact a beekeeper. Businesses such as Bee All Natural offer a free swarm removal service. In the interests of the bees safety, this is generally a free service. By having a beekeeper rescue and relocate you also prevent the swarm from potentially finding a new cosy location in the walls of your home.



Photo: supplied.

"We get at least a dozen phone calls a week where swarms have found their way into a wall cavity through the weep holes of the brick work. Wall cavities are the perfect home for bees and due to the significant reduction in their natural environment due to housing development wall cavities will become more and more popular for honey bees," says Mr Roebig.

Once a swarm has settled in the wall of a cavity home it is extremely hard to coax them out, if at all. In most cases to remove the bees from a wall cavity involves the removal of plaster board walls and significant amount of time to remove the bees. This is referred to as a "cut out" and can incur a fee from the beekeeper as well as costs to repair the wall.

If you experience a bee swarm or have a question about bees in general you can contact your local beekeeper for advice. Bee All Natural also offers a swarm removal and information service and can be contacted at [info@beeallnatural.com.au](mailto:info@beeallnatural.com.au) or via their Facebook page [www.facebook.com/beeallnaturalorganic](https://www.facebook.com/beeallnaturalorganic).



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# My Health Mayhem

Alecia Connor, Associate and Kiara Greenway, Graduate Solicitor/Paralegal at Best Wilson Buckley Family Law

The controversy over the new My Health Record has been splashing headlines in recent weeks. Whilst there are a number of concerns coming to light for various reasons, there is a concerning family law element to My Health that could present issues for victims of domestic violence and/or parents going through a separation.

Typically, when a child turns 14, they must provide consent to their parents to access their Medicare information. However, parents now have the ability to register their child for a My Health Record and can view and control it until they turn 18. Parents who do not have the primary care of their child (at any age) are also able to create and control a My Health Record on their child's behalf, without obtaining the consent of the other parent.

Although this may be deemed as ensuring every parent is entitled to access and receive information relevant to their child's health, there is a significant risk associated with this process where one of the parents is a perpetrator of domestic violence. By enabling either parent to create a My Health Record, an abusive ex-partner will be able to access highly confidential details, such as the location of medical practitioners and pharmacies attended by the child. The inevitable risk that follows is that this has the capacity to allow victims in hiding to be located. In order to prevent this from happening the parent can request that the child's



personal identification number, linked to their Medicare account, be suspended immediately. However, whilst this sounds simple, the other parent, can then lodge a request to register as an individual authorised to act on behalf of the child. If granted, this authorises the parent to create, access and operate the child's records - without the consent of the other parent. Experts have suggested that it is unlikely that such a request will be refused unless there is an order in place granting one of the parent's sole parental responsibility.

When determining parenting orders for children, there is always a provision relating to whether the parents are to have equal parental responsibility, or a parent is to have sole parental responsibility. Equal shared parental responsibility effectively means that the parents are required to engage in meaningful discussions with respect to big decisions in a child's life - for example, what school the child attends,

changes to the child's name, religion and cultural upbringing. Conversely, sole parental responsibility is granted to one parent, which authorises this parent to make decisions for the child without consulting with the other parent. It is uncommon for sole parental responsibility to be granted, and this only



occurs in extraordinary circumstances. For example, when one of the parents has a vulnerable mental health condition, that may impact on their ability to communicate with the other parent in a meaningful fashion.

These concerns have been expressed to the government by various agencies and legal advocate groups, seeking that they ensure the My Health Record can be used safely across Australia. It is expected a response will issue from the Government addressing these concerns in due course.

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## NEW FISHERY WORKING GROUP FOR MORETON BAY



### The State Government has announced the appointment of the new Moreton Bay Working Group under the landmark Sustainable Fisheries Strategy

Minister for Agricultural Industry Development and Fisheries Mark Furner welcomed the appointed members who will provide advice to the government and work to ensure Moreton Bay remains a world-class fishery.

"The working group's priority will be to advise on fishing rules specific to Moreton Bay as part of a regional management trial," Minister Furner said.

"The regional management trial is an action under the Sustainable Fisheries Strategy.

"Many stakeholders have told us they want to come up with specific rules for their area to improve stewardship of fisheries resources and build cooperation across fishing sectors.

"The Palaszczuk Government is committed to protecting the State's valuable fisheries resources and delivering a world-class fisheries management system through the Sustainable Fisheries Strategy 2017-27."

Mr Furner said members of the Moreton Bay Working Group were selected during an

expression of interest process and will play a key role in representing the views and aspirations of all stakeholders.

"Membership of the new working group reflects the broad range of stakeholders with an interest in the fishery including the commercial fishing industry, recreational sector, scientific, conservation organisations and the Traditional Owners of Moreton Bay," he said.

#### Membership of the Moreton Bay Working Group is:

- Norm Good (science)
- Jason Thomson, Greg Savige, Michael Wood, Matthew Vujica, Mark Kleinschmidt (commercial fishing)
- Dr Barry Pollock, Judy Lynne, Martin Cowling, Mark Templeton (recreational fishing)
- Mathew Hubbard (charter fishing)
- Cameron Costello, Quandamooka Yoolooburrabee Aboriginal Corporation (Traditional Owner)
- Dr Paul Maxwell, Healthy Land and Water (conservation)

Mr Furner said the new Moreton Bay Working Group would meet for the first time in September.

"Being a member of a working group is just one way to be involved in Queensland's fisheries management reform process," he said.

People interested in the management of Moreton Bay will have an opportunity to provide their views on any proposed changes that the working group identifies.

For more information about the Sustainable Fisheries Strategy, visit [www.fisheries.qld.gov.au](http://www.fisheries.qld.gov.au) or call 13 25 23.



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# NEW CHRONIC PAIN PROGRAM AT PINE RIVERS PRIVATE HOSPITAL

Chronic Pain can be a debilitating condition which can have a severe impact on all areas of a person's life, including their mental and emotional well-being. Pine Rivers Private Hospital has developed a specialised intensive Pain Management Program, based on up-to-date evidence based therapy techniques, to assist pain sufferers gain relief through an interdisciplinary approach.

Pine Rivers Private's Allied Health Manager, Julie Huntington says the chronic pain program incorporates psychological and behavioural techniques to manage not just the physical experience of chronic pain, but its emotional and social impacts.

"Chronic pain is defined as pain that persists for more than three months after anticipated tissue healing, and conditions can be debilitating and unrelenting - leading to various degrees of disability if not managed well," she said.

"This type of severe pain is not just a physical experience, it's associated with

major psychiatric conditions and significant social impacts. In Australia, one in five individuals live with chronic pain, and its prevalence is projected to increase with an ageing population.

"Such statistics have fuelled the development of our specialised pain program and we assess and manage the physical, psychological, and environmental factors for each patient. Interventions addressing these factors have been associated with increased resilience, improved self-efficacy, and improved mental health outcomes."

In addition to psychological interventions, the interdisciplinary program draws from psychiatric, pharmacological, and exercise physiology to offer an integrative approach to managing pain.

Program topics include mindfulness and cognitive based therapy, relaxation training, interventions for depression, anxiety, anger, support through grief and loss, improving communication,

nurturing interpersonal supports, and facilitating values-led lifestyle. Goal-setting, pacing, exercise, dietary input, medication and psychiatric input are integrated into the modules.

For further information, or if you would like to discuss referral in to the Pain Management Program, please contact Julie Huntington (Allied Health Manager) on 07 3881 7129.



## ARE YOUR PATIENTS STRUGGLING WITH CHRONIC PAIN?

Chronic Pain can be a debilitating condition which can have a severe impact on all areas of your patients' lives, including mental well-being.

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Contact our Allied Health Manager on 07 3881 7289.

### 2018 PROGRAM DATES

26th August - 7th September OR  
11th November - 18th November





## THE AUSTRALIAN FISH AND CHIPS AWARDS 2018

The National Fish and Chips Awards are underway with voting to close 15 September

Fish loving Australians are encouraged to cast their vote their favourite fish and chips shops right now. The competition allows everyone to vote for their favourite local and then the winners from each State and Territory category go head to head to compete for the National title. Last

year's winner was the Northern Territory's Frying Nemo.

Fish and chip lovers are passionate people who know what they like and the awards are an opportunity for all of us to have our say and celebrate not only the shops but the fishers and farmers who make it possible.

There are two categories of award:

**People's Choice State Award:** Chosen by consumers, fish and chips lovers across Australia will be able to nominate and vote for their favourite spot. Votes for the state and territory people's choice awards will identify the top stores for judging.

**National Judged Fish and Chips Award:** The top ranked shops from each state and territory will be judged by the FRDC appointed mystery panel. The judges will use a consistent process across Australia. The judges will then select state and territory winners, followed by national awards winners.

Fish and chips are rated against a set of five criteria, whether by public or under-cover judge, to ensure the best is found. In each state and territory, once the top 10 have been determined by People's choice, under-cover judges will then determine the winner of each state.

Once the finalists are chosen, Judges will again Judge to determine who nationally has the Best Fish and Chips 2018.

Here is the criteria:

- Taste [40%] – the seafood tastes good.
- Service [30%] – the service meets customer expectations.
- Choice [10%] – Seafood menu offers a range of seafood, including Australian seafood.
- Information [10%] – Customers are provided accurate information about the seafood & does the menu comply with the Australian Standard for Fish Names and, highlights the seafood's provenance (i.e. is labelled accurately).
- Presentation [10%]: Is the store clean and inviting? Is the food packaged well to maintain quality?

North Lakes' Great British Fryer are currently placed 13th on the leader board. If you're a fan, get on [www.fishandchipsawards.com.au](http://www.fishandchipsawards.com.au) and give them a nudge.



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17 August 2018

The President  
Save North Lakes Golf Course Inc.  
[savenorthlakes@gmail.com](mailto:savenorthlakes@gmail.com)

Golf Australia is proud to lend its support to the Save North Lakes Golf Course campaign.

As the governing body for golf in Australia, our goal is to raise the level of interest and participation in golf and to ensure the value of golf is understood and supported within the community and at all levels of government.

Golf Australia recognises the overwhelming response of the North Lakes community in opposing the proposed development and closure of the North Lakes golf course. It's clear that the North Lakes community keenly value the many social, health, environmental and economic benefits that generate from their local golf facility.

In 2017, the annual community contribution of golf in Australia in the above areas totalled \$3.6 billion. It is not surprising that golf remains the number one club sport for adults in Australia.

Golf Australia believes the community reaction to the proposed North Lakes golf course closure is something that should be harnessed for good. We offer support to the owners of the facility with research, resources, programs and campaigns to assist in engaging more golfers to make the course sustainable and the foundation for a strongly connected community.

Yours sincerely

Stephen Pitt  
**Chief Executive Officer**  
Golf Australia

## BEST TREATMENT FOR CHILDREN'S CHRONIC WET COUGH

**A new study has confirmed the use of antibiotics for prolonged wet cough in children is the most effective treatment to prevent the illness from getting worse**

The QUT-led research published in Cochrane Reviews found children, who had a cough lasting more than four weeks, benefitted from antibiotic intervention.

Associate Professor Julie Marchant, from QUT's Institute Of Health and Biomedical Innovation, said given concerns over the increasing use of antibiotics it was important to get accurate diagnosis for respiratory illnesses.

"Cough is one of the most common reasons why children are taken to see a doctor," Associate Professor Marchant said.

"It causes a high degree of parental stress and worry and financial burden with doctors' visits, medication and time off work."

Associate Professor Marchant described wet cough in children as moist or productive-sounding, with or without phlegm and was often accompanied by a rattling sound in the chest.

She said it was different to a cough that is dry and should not be treated with antibiotics.



The global study reviewed clinical trials involving 190 children who had chronic wet cough. It found treatment with antibiotics reduced the proportion of children not cured at follow-up.

"Antibiotics also prevented the illness from getting worse, thus avoiding a further course of antibiotics for one in every four children treated," she said.

Associate Professor Marchant, who works as a paediatric respiratory physician at the Lady Cilento Children's Hospital in Brisbane, said knowledge of chronic cough in children had progressed greatly in the past decade.

"One of the most common causes is protracted

bacterial bronchitis (PBB) which can be treated effectively with two weeks of appropriate antibiotic therapy," she said.

"PBB is characterised by a chronic wet cough in otherwise well children with no other signs or symptoms and is due to chronic infection and inflammation."

She said chronic daily wet cough could indicate more serious underlying conditions and it should never be ignored in children.

"If treatment with two weeks of antibiotics does not lead to resolution of the cough children should be referred to a respiratory specialist," she said.

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**Dr Chaminda Senarathne**  
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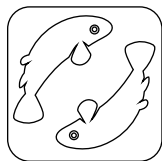
Wed & Fri 8.00am - 6pm



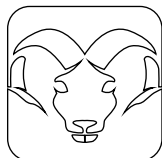
## YOUR STARS



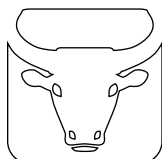
**AQUARIUS.** (Jan. 21 - Feb. 19): You finally achieve that breakthrough you've been working for. It may result in an emotional breakdown, but you'll recover.



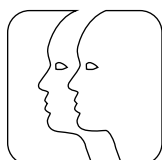
**PISCES.** (Feb. 20 - March 20): You don't like causing anyone pain, but you have to follow your heart and trust that everything will work out. Your days of deferring to others' emotional well-being are over.



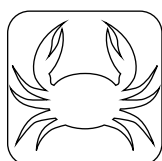
**ARIES.** (March 21 - April 20): No one expects you to know it all. Indeed it's your willingness to learn that wins people over. You can't go wrong with an open mind.



**TAURUS.** (April 21 - May 21): You're waiting on someone to make a decision and that person is waiting on you. You're the Taurus here, so take the bull by the horns.



**GEMINI.** (May 22 - June 21): You're doing your best to smooth over ruffled feathers, but people are still in a tizzy. Be patient and they'll be cooing in your hands by next week.



**CANCER.** (June 22 - July 23): Hold a friend to his promise or release him from his obligation? Let him go. He knows that he owes you one.



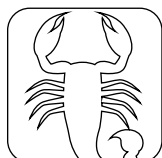
**LEO.** (July 24 - Aug. 23): You long for something deeper but can't explain what you're after. This is what spiritual awakenings are all about. Be open to what the Universe has to offer.



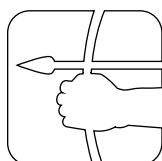
**VIRGO.** (Aug. 24 - Sept. 23): People aren't listening although they know you're right. Don't waste your breath. They'll be back when they see the error.



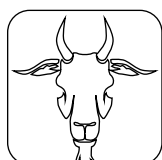
**LIBRA.** (Sept. 24 - Oct. 23): You're determined to make a relationship work and will do everything in your power to salvage it. Give it your best shot and you'll succeed.



**SCORPIO.** (Oct. 24 - Nov. 22): Doing a favor for a friend of a friend sounds like a chore until you catch a glimpse of the friend. Suddenly life looks a lot better.



**SAGITTARIUS.** (Nov. 23 - Dec. 21): You're being given a chance to back out of an agreement, but is this short-term gain worth it in the long run? You may be better off staying put.



**CAPRICORN.** (Dec. 22 - Jan. 20): You don't often feel the urge to try something new, but give spontaneity a chance today. It could grow on you.

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## NINE

**6.00** Ellen DeGeneres. (PG) **7.00** Weekend Today. **10.00** Today Extra: Saturday. (PG) **12.00** Destination Happiness. **12.30** Two And A Half Men. (PG) **1.00** Rugby League. QRL. Intrust Super Cup. Finals Week 1. **3.00** Airport 24/7: Miami. (PG) **3.30** The Block. (PG) **4.30** Garden Gurus. **5.00** News. **5.30** Getaway. (PG) **6.00** Nine News. **7.00** Saturday Night Football Preview. **7.35** Rugby League. NRL. Round 25. Parramatta Eels v Sydney Roosters. **9.50** True Story. (PG) **10.20** Movie: Cadillac Man. (M) (1990) Robin Williams. **12.20** Cold Case. (M) **1.20** Destination Happiness. **2.00** TV Shop. **2.30** Filthy Rich. (M) **3.30** Getaway. (PG) **4.00** Skippy. **4.30** Global Shop. **5.00** TV Shop. **5.30** Wesley Impact.

## GO!

**6.00** Children's Programs. **12.30** Surfing. World League. Founders' Cup. Highlights. **1.30** Children's Programs. **2.00** Beyblade Burst Evolution. **2.30** Turning Mecard. (PG) **3.00** Gumball. (PG) **3.30** Ben 10. (PG) **4.00** Tom And Jerry. **4.30** Chomp Squad. **4.35** Clarence. (PG) **5.20** Uncle Grandpa. (PG) **5.20** Movie: Happily N'Ever After. (G) (2006) **7.00** Movie: Shark Tale. (G) (2004) **8.50** Movie: The Hunger Games: Mockingjay - Part 2. (M) (2015) **11.30** Kevin Can Wait. (PG) **12.00** Adult Swim. (MA15+) **12.30** Frisky Dingo. (MA15+) **12.45** Mary Shelley's Frankenstein. (MA15+) **1.00** Total Divas. (M) **2.00** Step Dave. (M) **3.00** Thunderbirds. **4.00** Yu-Gi-Oh! (PG) **4.30** Little Charmers. **5.10** Yo-Kai. (PG) **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** NBC Today. **7.00** Weekend Sunrise. **10.00** Morning Show. (PG) **12.00** Horse Racing. Memsie Stakes Day. **5.00** Creek To Coast. **5.30** Qld Weekender. **6.00** News. **7.00** Seven News Special: Queensland Drought Appeal. **8.30** Movie: Sister Act 2: Back In The Habit. (G) (1993) Whoopi Goldberg, Maggie Smith, Kathy Najimy, Barnard Hughes. A group of nuns enlists a cabaret singer to go undercover, as one of their own, to coach some rebellious students. **10.50** Movie: Spy. (MA15+) (2015) Melissa McCarthy, Rose Byrne. **1.30** Grey's Anatomy. (M) A patient's case causes tension. **2.30** Shopping. **4.00** Sons And Daughters. (PG) **4.30** Sons And Daughters. (PG) **5.00** House Of Wellness. (PG)

## 7TWO

**6.00** Shopping. **8.00** Travel Oz. **9.30** NBC Today. **11.30** Harry's Practice. **12.30** Australia's Amazing Homes. (PG) **1.30** Sydney Weekender. **2.00** The Great Australian Doorstep. (PG) **2.30** Vasil's Garden. **3.00** Qld Weekender. **3.30** The Great Day Out. **4.00** Creek To Coast. **4.30** SA Weekender. **5.00** The Zoo. **5.30** Air Crash Investigation. (PG) **7.30** Mighty Cruise Ships. A look at the MS Marco Polo. **8.30** Escape To The Country. Alistair Appleton helps a couple swap city life for some Cotswolds charm. **11.30** Paddington Station 24/7. (PG) **12.30** The Zoo. **1.00** The Great Australian Doorstep. (PG) **1.30** Harry's Practice. **3.00** Australia's Amazing Homes. (PG) **4.00** Sydney Weekender. **4.30** Travel Oz.

## TEN

**6.00** Escape Fishing. **6.30** Reel Action. **7.00** RPM. **7.30** Cook's Pantry. **8.00** My Market Kitchen. **8.30** Everyday Gourmet. **9.00** Sammy And Bella's Kitchen Rescue. **9.30** St10. (PG) **12.00** The Living Room. **1.00** The 48 Hour Destination. **1.30** Luxury Escapes. (PG) **2.00** Bondi Vet. (PG) **3.00** Pooches At Play. **3.30** 15-Min Meals. **4.00** What's Up Down Under. **4.30** Foodie Adventures With Ash Pollard. New. **5.00** News. **6.00** Territory Cops. (PG) **6.30** Territory Cops. (PG) **7.00** Territory Cops. (PG) **7.30** Ambulance. (M) **8.45** Law & Order: S.V.U. (M) **9.45** Law & Order: S.V.U. (M) **10.45** To Be Advised. **11.45** To Be Advised. **12.30** Shopping. **5.00** Hour Of Power.

## ONE

**6.00** Shopping. **8.00** Cheers. **8.30** To Be Advised. **11.00** Industry Leaders With Janine Allis. **11.30** Fishing Edge. **12.00** Australia By Design: Architecture. **12.30** Diagnosis Murder. **1.30** RPM. **2.00** Motor Racing. Porsche Carrera Cup Australia. Round 6. Highlights. **3.00** Operation Repo. **3.30** Epic Meal Empire. **4.00** Reel Action. **4.30** The Indestructibles. **5.00** Nature's Great Events. **6.00** Scorpion. **8.00** MacGyver. **9.00** Movie: Death Wish 3. (MA15+) (1985) **10.55** Movie: Slow West. (M) (2015) **12.45** RPM. **1.15** Motorcycle Racing. MotoGP. Race 12. British Grand Prix. Replay. **2.45** Formula 1. Race 13. Belgian Grand Prix. Highlights. **3.45** Operation Repo. **4.45** The Doctors. **5.40** Whacked Out Sports.

## ABC

**6.00** Rage. (PG) **10.00** Rage. (PG) **11.10** Grand Designs Australia. **12.00** ABC News At Noon. **12.30** Death In Paradise. (PG) **1.30** Grantchester. (M) Final. **2.30** Catalyst. **3.30** Todd Sampson's Life On The Line. (PG) **4.00** Landline. **4.30** Tony Robinson's Time Walks. **5.00** Antiques Roadshow. **6.00** Compass. (PG) **6.30** Back Roads. **7.00** ABC News. **7.30** The Split. (PG) **8.30** DCI Banks. (M) **9.15** Rake. (M) **10.10** The Last Post. (M) **11.10** Birds Of A Feather. (PG) **11.35** Rage. (MA15+) **5.00** Rage. (PG)

## ABC COM

**6.00** Children's Programs. **5.20** Hey Duggee. **5.30** Peppa Pig. **5.35** Guess How Much I Love You. **6.05** Octonauts. **6.15** Peter Rabbit. **6.30** Floogals. **6.40** Rusty Rivets. **6.50** Andy's Prehistoric Adv. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Would I Lie To You? **8.30** Live At The Apollo. (M) **9.15** Chris Ramsey's Stand Up Central. (M) New. **9.40** Comedy Next Gen. (MA15+) **10.35** Comedy Up Late. (M) **11.05** Dave Gorman Live. (M) **12.30** Penn & Teller: Fool Us. (PG) **1.15** Live At The Apollo. (M) **2.00** The Moaning Of Life. (M) **2.45** The IT Crowd. (PG) **3.10** News Update. **3.15** Close. **5.00** The WotWots. **5.10** Arthur. **5.35** Gumboot Kids. **5.40** Bottle Top Bill. **5.55** Playdate.

## SBS

**6.00** WorldWatch. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Small Business Secrets. **2.30** Gymnastics. FIG Rhythmic World Challenge Cup. Round 3. **5.00** Cycling. UCI World Tour. Vuelta a España. Highlights. **5.30** The Great Human Odyssey. (PG) **6.30** News. **7.30** Railway Journeys UK. **8.05** Joanna Lumley's Greek Odyssey. **9.00** Soccer. EPL. Leicester City v Liverpool. **11.50** Movie: Largo Winch 2: The Burma Conspiracy. (MA15+) (2011) **1.55** Movie: Rampart. (MA15+) (2011) **3.55** Sex Diaries. (MA15+) **4.55** Poh & Co. Bitesize. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** Abandoned. (PG) **12.50** Abandoned. (PG) **1.40** Abandoned. (PG) **2.30** Abandoned. (PG) **3.25** Abandoned. (PG) **4.15** The Last Lesbian Bars. (PG) **4.40** PBS News. **5.40** It's Suppertime! **6.10** It's Suppertime! **6.35** Love In Full Colour. (PG) **7.30** If You Are The One. (PG) **8.30** Movie: The Day The Earth Stood Still. (M) (2008) **10.30** South Park. (M) **11.00** Cycling. UCI World Tour. Vuelta a España. Stage 8. **2.00** FEMEN: Sextremism In Canada. (M) **2.25** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**6.30pm** The Dinner (2017) Drama. Richard Gere, Laura Linney. (M) **Masterpiece** **8.30pm** Tulip Fever (2017) Romance. Alicia Vikander, Christoph Waltz. (MA15+) **Masterpiece** **9.00pm** Despicable Me 3 (2017) Animated. Steve Carell, Kristen Wiig. (PG) **Family**

## GENERAL

**5.00pm** Young & Hungry. (M) FOX8 **10.00pm** RuPaul's Drag Race: Untucked!. (M) Arena **11.30pm** Tattoo Fixers. (MA15+) A&E **DOCUMENTARY** **8.30pm** Barrett-Jackson. (PG) Discovery Turbo **9.30pm** The Family Who Vanished. (M) Crime & Investigation **10.30pm** Haunted Towns. (M) TLC

## SPORT

**3.00pm** Rugby League. NRL. Newcastle Knights v St George Illawarra Dragons. Fox League **7.35pm** Rugby League. NRL. Parramatta Eels v Sydney Roosters. Fox League **11.00pm** Motor Racing. Formula 1. Italian Grand Prix. Qualifying. Fox Sports 506

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

0109

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## SCHOOL2STAGE RECIPE FOR DISASTER

Date: 28 August – 1 September

Location: Concert Hall, QPAC

School2Stage is a platform for young performers across Australia that sees professional Directors sent into local high schools to work alongside students. Together they create unique shows that are then performed on the biggest stages. It's the largest performative event for young people in Queensland.

Between August 28 - September 1 School2Stage will be at Brisbane Powerhouse's Visy Theatre with shows written, created and performed by the young people of Brisbane. No restrictions, no Guidelines.

Leading up to this event, each show will be given a weekly rule voted by YOU, the public. The challenge is to use this rule to create new works. Will they make it out alive or is this just one big recipe for disaster. Have your say and vote on Facebook at School2Stage, and then experience the resulting performances live at Brisbane Powerhouse.

Recipe for Disaster is your chance to experience eight extremely different shows; each written, created and performed by talented young people of Brisbane.

Tickets cost just \$22 - \$30 and are available via [www.brisbanepowerhouse.org](http://www.brisbanepowerhouse.org) For more info visit [www.school2stage.com.au](http://www.school2stage.com.au). To vote visit [www.facebook.com/school2stage/](http://www.facebook.com/school2stage/)

**28  
AUG-  
1 SEP**



## VALLEY FIESTA

Date: Wednesday 29 August – Sunday 2 September 2018

Location: Fortitude Valley

Brisbane's biggest street party is set to return to Fortitude Valley, with a revamped Valley Fiesta to offer with live music, theatre and arts across the Valley in association with new producer QMusic for the twenty second edition of the event.

Highlights of the new 5-day Fiesta format include a ground-breaking visual arts showcase that includes building lighting, projection mapping, installations and décor, a themed performance stage in Brunswick Street Mall and a special program of active events as part of Activity weekend.

Valley Fiesta has both free and ticketed events.

Tickets and more information via: [www.myvalley.com.au](http://www.myvalley.com.au)

**29  
AUG-  
2 SEP**



## BRISBANE WRITERS FESTIVAL

Date: Thursday 6 - Saturday 9 September 2018

Location: State Library of Queensland

Now in its 56th year, BWF has always explored the big ideas – this year is no exception as they put the question to writers and audiences, "What does the world need now?"

In 2018 BWF brings the future into focus, showcasing some of the world's most influential thinkers, each bringing their own unique vision for tomorrow to Brisbane. Ideas as far ranging as raising teens to ending epidemics, politics and the environment, culture and identity and all things writing will be open for discussion over 3 days of readings, debate, special events and free public sessions.

Single sessions from \$15; day passes from \$70 (Special events are not included in day passes or bundles and must be purchased separately.)

Tickets and more information via: [bwf.org.au](http://bwf.org.au) or 07 3255 0254

**6-9  
SEPT**



## PETER GRIMES

Date: Thursday 20 September & Saturday 22 September

Location: Concert Hall, QPAC

Peter Grimes is the opera event of the year, with internationally acclaimed Grammy-nominated Australian heldentenor Stuart Skelton returning to Australia this September to headline Benjamin Britten's supreme opera, Peter Grimes.

Peter Grimes paints a vivid picture of a small community convulsed by rumour and mob rule. It is opera for our times – and the greatest music drama in English. Benjamin Britten's masterpiece will be headlined by Grammy-nominated Australian heldentenor Stuart Skelton - the greatest singer of the role in the world right now - alongside a cast of international soloists, the Queensland Symphony Orchestra and the Opera Queensland Chorus.

Tickets and more information via: [www.brisbanefestival.com.au](http://www.brisbanefestival.com.au)

**20 &  
22  
SEPT**



## NINE

**6.00** World's Best Beaches. **7.00** Weekend Today. **10.00** Sports Sunday. (PG) **11.00** NRL Sunday Footy Show. (PG) **1.00** The Block. (PG) **2.00** The Block. (PG) **3.00** Sunday Footbal Preview. **4.10** Rugby League. NRL. Round 25. Brisbane Broncos v Manly Sea Eagles. From Suncorp Stadium, Brisbane. **6.00** Nine News. **7.00** The Block. (PG) **8.30** 60 Minutes. **9.30** See No Evil. (M) **10.30** Las Vegas With Trevor McDonald. (M) **11.30** Conspiracy. (M) **12.30** Cold Case. (M) **1.30** Getaway. (PG) **2.00** TV Shop: Home Shopping. **2.30** Global Shop. **3.10** The Brokenwood Mysteries. (M) **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **10.30** Be Cool, Scooby-Doo! (PG) **11.00** LEGO Friends. **11.30** Ninjago. (PG) **12.00** Turning Mecard. (PG) **12.30** My Little Pony: Friendship Is Magic. **1.00** Beyblade Burst Evolution. **1.30** Uncle Grandpa. (PG) **2.00** Clarence. (PG) **2.30** Tom And Jerry. **3.00** Gumball. (PG) **3.30** Power Rangers Super Ninja Steel. (PG) **4.00** American Ninja Warrior. (PG) **6.00** Big Bang. (PG) **9.00** Movie: Rambo III. (M) (1988) **11.00** Big Bang. (PG) **12.00** Adult Swim. (MA15+) **12.30** Frisky Dingo. (MA15+) **12.45** Mary Shelley's Frankenstein. (M) **1.00** Movie: House Party, Tonight's The Night. (MA15+) (2013) **3.00** Thunderbirds. **4.00** Yu-Gi-Oh! (PG) **4.30** Little Charmers. **5.10** Yo-Kai. (PG) **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** NBC Today. **7.00** Weekend Sunrise. **10.00** Morning Show. (PG) **12.00** House Of Wellness. (PG) **1.00** Bewitched. **1.30** To Be Advised. **2.45** To Be Advised. **4.00** Better Homes. **5.00** News. **5.30** The Great Day Out. **6.00** News. **7.00** Little Big Shots. (PG) **8.00** Sunday Night. Hosted by Melissa Doyle. **9.00** Crime Investigation Australia: Most Infamous. (MA15+) Takes a look at the criminal kingpin, Michael Kanaan, who had a volatile temper but by deep insecurity. **10.15** Autopsy USA. (MA15+) **11.15** Criminal Confessions. (M) **12.15** Black-ish. (PG) **12.45** Black-ish. (PG) **1.15** Grey's Anatomy. (M) **2.30** Shopping. **3.30** Harry's Practice. **4.00** NBC Press. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Amazing Facts. (PG) **7.00** Tomorrow's World. (PG) **7.30** Leading The Way. (PG) **8.00** David Jeremiah. (PG) **8.30** Sydney Weekender. **9.00** Shopping. **9.30** Harry's Practice. **10.00** House Of Wellness. (PG) **11.00** NBC Today. **12.00** Air Crash Investigation. (PG) **2.00** Escape To The Country. **5.00** Paddington Station 24/7. (PG) **6.00** Mighty Ships. (PG) **7.00** Border Security: Int. (PG) **8.00** Border Security. (PG) A look at the hardest-working canines. **10.00** To Be Advised. **10.30** Border Security. (PG) **12.30** Border Security: Int. (PG) **1.30** The Passion Of Spain. **3.30** Vasil's Garden. **4.00** Qld Weekender. **4.30** The Great Day Out. **5.00** Creek To Coast. **5.30** SA Weekender.

## TEN

**6.00** Mass. **6.30** Hillsong. **7.00** Joseph Prince. **7.30** Joel Osteen. **8.00** The Living Room. **9.00** Foodie Adventures With Ash Pollard. **9.30** St10. (PG) **12.00** Everyday Gourmet. **12.30** Tales By Light. (PG) **1.30** Cook's Pantry. **2.00** Comfort Food. **3.00** Australia By Design: Landscapes. New. **3.30** The 48 Hour Destination. **4.00** RPM. **5.00** News. **6.00** Bondi Rescue. (PG) **6.30** The Sunday Project. **7.30** Russell Coight's All Aussie Adventures. (PG) Russell checks out ancient aboriginal artwork. **8.00** Movie: Get Smart. (PG) (2008) Steve Carell, Anne Hathaway. **10.30** Sports Tonight. **11.15** Sherlock Holmes: Elementary. (M) **12.00** The Sunday Project. **1.00** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Shopping. **8.00** All 4 Adventure. **10.00** Industry Leaders With Janine Allis. **10.30** Escape Fishing. **11.00** Fishing Edge. **11.30** Reel Action. **12.00** Air Racing. Red Bull Series. Round 6. Highlights. **12.30** Operation Repo. **1.00** The Indestructibles. **1.30** Epic Meal Empire. **2.00** Fishing Aust. **2.30** The Doctors. **3.30** Monster Jam. **4.30** Pooches At Play. **5.00** What's Up Down Under. **5.30** I Fish. **6.00** Scorpion. (PG) **7.00** Nature's Great Events. (PG) **8.00** Ambulance. (M) **9.15** Movie: Mad Max. (MA15+) (1979) **11.15** Car Crash Britain. (M) **12.15** Sports Tonight. **1.00** RPM. **2.00** Air Racing. Red Bull Series. Round 6. Highlights. **2.30** Operation Repo. (PG) **3.30** The Doctors. (M) **4.30** The Doctors. **5.30** Whacked Out Sports.

## ABC

**6.00** Rage. (PG) **7.00** Weekend Breakfast. **9.00** Insiders. **10.00** Offsiders. **10.30** The World This Week. **11.00** Compass. (PG) **11.30** Songs Of Praise. **12.00** ABC News At Noon. **12.30** Landline. **1.30** Gardening Australia: Spring Special. **2.30** Dream Gardens. (PG) **3.00** Antiques Roadshow. **4.00** The Mix. **4.30** The Split. (PG) **5.30** Anh's Brush With Fame. (PG) **6.00** Catalyst. **7.00** ABC News Sunday. **7.40** Joanna Lumley's India. (PG) **8.30** Rake. (M) **9.30** Triple J's One Night Stand. **11.00** Indian Summers. (M) **12.10** Miniseries: Jamaica Inn. (M) **1.10** Rage. (MA15+) **3.00** Indian Summers. (M) **4.10** Doctor Who. (PG) **5.00** Insiders.

## ABC COM

**6.00** Children's Programs. **6.05** Octonauts. **6.15** Peter Rabbit. **6.30** Floogals. Final. **6.40** Rusty Rivets. **6.50** Andy's Prehistoric Adv. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Penn & Teller: Fool Us. (PG) **8.45** Triple J's One Night Stand Up. **9.30** Alan Davies: As Yet Untitled. (M) **10.15** Would I Lie To You? **10.45** Chris Ramsey's Stand Up Central. (M) **11.05** Absolutely Fabulous. (PG) **11.40** Absolutely Fabulous. (PG) **12.10** Blackadder II. (M) **12.40** Famalam. (M) **1.00** The Inbetweeners. (MA15+) **1.30** Dynamo: Magician Impossible. (M) **2.10** Troy. (M) **3.00** News Update. **3.05** Close. **5.00** The WotWots. **5.10** Arthur. **5.35** The Day Henry Met. **5.40** Bottle Top Bill. **5.55** Playdate.

## SBS

**6.00** France 24 English News. **6.30** Al Jazeera. **7.00** Small Business Secrets. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Soccer. EPL. Leicester City v Liverpool. Replay. **12.00** Arabic News F24. **12.30** Speedweek. **3.00** The Bowls Show. **4.00** Voxwomen. **4.30** Small Business Secrets. **5.05** Cycling. UCI World Tour. Vuelta a España. Highlights. **5.35** Nazi Megastructures. **6.30** News. **7.35** King Solomon's Mines. **8.30** André The Giant. **10.05** The Real Rocky. (M) **11.10** Movie: Room 237. (M) (2012) **1.00** Saddam Goes To Hollywood. (M) **1.55** First Contact. (M) **3.00** Lockerbie: My Brother's Bomber. (PG) **4.00** Netanyahu At War. (M) **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **9.00** PopAsia TV. (PG) **10.00** WorldWatch. **12.00** Abandoned. (PG) **12.50** Abandoned. (PG) **1.40** Abandoned. (PG) **2.30** Abandoned. (PG) **3.15** Abandoned. (PG) **4.00** Most Expensivest. (PG) **4.25** Huang's World. (PG) **5.15** Vs Arashi. (PG) **6.10** Noma Australia. **6.40** Noma Australia. **7.10** Noma Australia. (PG) **7.40** The Crystal Maze. (PG) **8.35** The Employables. (M) **9.40** The Girlfriend Experience. (MA15+) **10.10** The Girlfriend Experience. (MA15+) **10.40** Cycling. UCI World Tour. Vuelta a España. Stage 9. **2.00** F\*ck That's Delicious. (M) **2.30** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** WorldWatch.



## MOVIES

**6.45pm** Bad Moms 2 (2017) Comedy. Mila Kunis, Kristen Bell. (MA15+)

Premiere  
**8.30pm** Daddy's Home 2 (2017) Comedy. Will Ferrell, Mark Wahlberg. (PG)

Premiere  
**9.40pm** The Lego Batman Movie (2017) Animated. Will Arnett, Michael Cera. (PG) Family

GENERAL  
**7.30pm** Superstore. (PG) FOX8

**8.00pm** LA To Vegas. (M) FOX8

**8.30pm** A Place To Call Home. (M) Showcase

**7.30pm** Blowing Up History. (PG) Discovery

**8.30pm** World's Most Evil Killers. (M) Crime & Investigation

**9.30pm** This Old House. Lifestyle Home

SPORT  
**3.00pm** Rugby Union. National Championship. Fox Sports 503

**4.10pm** Rugby League. NRL. Round 25. Brisbane Broncos v Manly Sea Eagles. Fox League

**11.00pm** Motor Racing. Formula 1. Round 14. Italian Grand Prix. Race. Fox Sports 506

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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## NINE

**6.00** Today. **9.00** Today Extra. (PG)  
**11.30** Morning News. **12.00** The  
 Ellen DeGeneres Show. (PG) **1.00**  
 Extra. **1.30** The Block. (PG) **3.00**  
 News Now. **4.00** Afternoon News.  
**5.00** Millionaire Hot Seat. **6.00**  
 Nine News. **7.00** A Current Affair.  
**7.30** The Block. (PG) **8.40** Doctor  
 Doctor. (PG) **9.40** Dr Christian  
 Jessen Will See You Now. (M)  
**10.40** 100% Footy. (M) **11.40** Two  
 And A Half Men. (PG) **12.10** Two  
 And A Half Men. (M) **12.35** Rizzoli  
 & Isles. (M) **1.30** TV Shop: Home  
 Shopping. **2.30** Global Shop.  
**3.00** Extra. **3.30** A Current Affair.  
**4.00** The Ellen DeGeneres Show.  
 (PG) **5.00** News Early Edition.  
**5.30** Today.

## GO!

**6.00** Children's Programs. **11.00**  
 Car SOS. (PG) **12.00** Step Dave.  
 (M) **1.00** World's Funniest  
 Videos Top 10 Countdown. (PG)  
**2.00** Children's Programs. **3.00**  
 Pokémon The Series: Sun & Moon.  
**3.30** LEGO Friends. **4.00** Kids' WB.  
 (PG) **4.05** Tom And Jerry. **4.30**  
 Ben 10. (PG) **5.00** Adv Time. (PG)  
**5.30** Regular Show. (PG) **6.00**  
 Friends. (PG) **7.00** Big Bang. (PG)  
**9.00** Movie: Rambo. (MA15+)  
 (2008) **10.40** Big Bang. (PG) **12.00**  
 Bad Robots. (M) **12.30** Friends.  
 (PG) **1.30** Aqua Teen Hunger  
 Force. (MA15+) **1.45** Mr Pickles.  
 (MA15+) **2.00** Adv Time. (PG)  
**2.30** Regular Show. (PG) **3.00** Ben  
 10. (PG) **3.30** Beyblade Burst. **4.00**  
 Tom And Jerry. **4.30** Yu-Gi-Oh!  
 (PG) **4.50** Wild Kratts. **5.10** Regal  
 Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning  
 Show. (PG) **11.30** News. **12.00**  
 Movie: Dangerous Lessons. (M)  
 (2015) **2.00** Daily Edition. **3.00**  
 The Chase. **4.00** News. **5.00** The  
 Chase Aust. **6.00** News. **7.00**  
 Home And Away. (PG) **7.30** Take  
 Me Out. (M) New. Hosted by Joel  
 Creasey. **8.45** Ramsay's 24 Hours  
 To Hell And Back. (M) Gordon  
 Ramsay and his team have just  
 24 hours to try and save Wichita's  
 Fetch Bistro. **9.45** Modern Family.  
 (PG) Jay goes to extremes to  
 cover up his involvement in the  
 accidental demise of Manny's pet  
 turtle. **10.15** Modern Family. (PG)  
**10.45** Modern Family. (PG) **11.15**  
 Life Sentence. (M) **12.15** Talking  
 Footy. **1.15** Travel Oz. (PG) **2.00**  
 Shopping. **4.00** NBC Today. **5.00**  
 News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Harry's  
 Practice. **7.00** ZooMoo Wild  
 Friends. **7.30** Get Clever. **8.00**  
 Pipsqueaks. **8.30** Million Dollar  
 Minute. **9.30** NBC Today. **10.30**  
 NBC Press. **11.30** Vasil's Garden.  
**12.00** Mighty Ships. (PG) **1.00** The  
 Layover. (M) **2.00** Million Dollar  
 Minute. **3.00** Harry's Practice.  
**3.30** Auction Squad. **4.30** Animal  
 Rescue. **5.00** Medical Emergency.  
 (PG) **5.30** Escape To The Country.  
**6.30** Bargain Hunt. (PG) **7.30** Doc  
 Martin. (PG) **8.30** Foyle's War. (M)  
 A bomb detonates at a shipyard.  
**10.30** Crimes That Shook The  
 World. (MA15+) **11.30** Medical  
 Emergency. (PG) **12.00** Escape  
 To The Country. **1.00** Auction  
 Squad. **2.00** Foyle's War. (M) **4.00**  
 Million Dollar Minute. **5.00** Harry's  
 Practice. **5.30** Animal Rescue.

## TEN

**6.00** The Talk. (PG) **7.00** Ent.  
 Tonight. **7.30** Bold. (PG) **8.00**  
 Pointless. **8.30** Studio 10.  
 (PG) **12.00** Dr Phil. **1.00** To Be  
 Advised. **2.30** Ent. Tonight. **3.00**  
 Judge Judy. (PG) **3.30** Alive And  
 Cooking. **4.00** Everyday Gourmet.  
**4.30** Bold. (PG) **5.00** News. **6.00**  
 Pointless. **6.30** The Project. **7.30**  
 Australian Survivor. Presented by  
 Jonathan LaPaglia. **8.30** Have You  
 Been Paying Attention? (M) A  
 panel of special guests compete  
 to see who can remember the  
 most about the week. **9.30** Street  
 Smart. (PG) The gang decides to  
 host a nightclub. **10.00** The  
 Graham Norton Show. (M) **11.00**  
 Man With A Plan. (PG) **11.30**  
 The Project. **12.30** Stephen  
 Colbert. (PG) **1.30** Shopping. **4.30**  
 CBS Morning.

## ONE

**6.00** Home Shopping. **8.00**  
 Whacked Out Sports. (PG) **8.15**  
 RPM. **9.15** Sports Tonight. **10.00**  
 Scorpion. (PG) **12.00** Hogan's  
 Heroes. **12.30** NCIS. (M) **1.30**  
 NCIS: Los Angeles. (M) **2.30**  
 MacGyver. (PG) **3.30** Diagnosis  
 Murder. (PG) **4.30** Star Trek: The  
 Next Generation. (PG) **5.30** Star  
 Trek: Voyager. (PG) **6.30** Bondi  
 Rescue. (PG) **7.30** Walker, Texas  
 Ranger. (M) **8.30** NCIS. (M) **10.30**  
 Motor Racing. Formula 1. Race  
 14. Italian Grand Prix. From  
 Autodromo Nazionale Monza,  
 Monza, Italy. **11.30** CSI: Miami.  
 (M) **12.30** Home Shopping. **2.00**  
 Star Trek: Voyager. (PG) **3.00**  
 Walker, Texas Ranger. (M) **4.00**  
 Diagnosis Murder. (PG) **5.00**  
 The Doctors.

## ABC

**6.00** News Breakfast. **9.00** ABC  
 News Mornings. **10.00** Grand  
 Designs. **11.00** Gardening  
 Australia. **11.30** Julia Zemiro's  
 Home Delivery. **12.00** ABC News  
 At Noon. **1.00** Landline. **2.00**  
 Miniseries: Jamaica Inn. (M) **3.00**  
 Murder, She Wrote. (PG) **3.45**  
 Gardening Australia. **4.10** Doctor  
 Who. (PG) **5.00** ABC News At  
 Five. **5.10** The Drum. **6.00** Grand  
 Designs. **7.00** ABC News. **7.30**  
 7.30. **8.00** Australian Story. **8.30**  
 Four Corners. **9.15** Media Watch.  
 (PG) **9.35** Q&A. **10.40** ABC  
 Late News. **11.10** The Business.  
**11.30** Mumbo: Art Irritates Life.  
 (M) **12.25** Head First. (M) **1.25**  
 Miniseries: Jamaica Inn. (M) **2.25**  
 Rage. (MA15+) **4.45** Tractor  
 Monkeys. **5.10** Doctor Who. (PG)

## ABC COM

**6.00** Children's Programs. **6.30**  
 Dot. **6.40** Rusty Rivets. **6.50**  
 Andy's Wild Adventures. **7.05** Ben  
 And Holly. **7.20** Shaun The Sheep.  
**7.30** Spicks And Specks. (PG) **8.00**  
 Adam Hills: The Last Leg. (M) **8.40**  
 Josh. (PG) **9.10** Summer Heights  
 High. (M) **9.35** Tonightly With Tom  
 Ballard. (M) **10.05** Alan Davies:  
 As Yet Untitled. (M) **10.50** Peep  
 Show. (M) **11.15** Workaholics.  
 (MA15+) **11.35** Archer. (M) **12.00**  
 The Office. (PG) **12.20** 30 Rock.  
 (PG) **12.45** Parks And Recreation.  
 (PG) **1.05** Tonightly With Tom  
 Ballard. (M) **1.35** Peep Show. (M)  
**2.00** Workaholics. (MA15+) **2.20**  
 The Office. (M) **2.45** Archer. (M)  
**3.05** News Update. **3.10** Close.  
**5.00** The VotWots. **5.10** Arthur.  
**5.35** The Day Henry Met. **5.40**  
 Bottle Top Bill. **5.55** Playdate.

## SBS

**6.00** WorldWatch. **1.00** Al  
 Jazeera. **2.00** Trepalium. (M)  
**3.00** Good Listening. (PG) **3.30**  
 Tommy Fleming: Voice Of Hope.  
**4.20** Silvia Colloca: Made In Italy  
 Bitesize. **4.30** Kylie Kwong: Heart  
 And Soul. **5.00** Cycling. UCI World  
 Tour. Vuelta a España. Highlights.  
**5.30** Letters And Numbers. **6.00**  
 Chefs' Line. **6.30** News. **7.30**  
 Empire Of The Tsars: Romanov  
 Russia. (PG) **8.40** The Body Coach.  
**9.35** 24 Hours In Emergency. (M)  
**10.30** SBS News. **11.00** The World  
 Game. **11.30** Transfer. (MA15+)  
**12.40** Transfer. (M) Final. **1.50**  
 Modus. (MA15+) **2.40** Modus.  
 (MA15+) Final. **3.30** Trapped.  
 (MA15+) Final. **4.30** Food Lover's  
 Guide. **5.00** CGTN English News.  
**5.15** NHK World English News.  
**5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **11.35** Hindi  
 News. **12.00** Movie: Asterix At  
 The Olympic Games. (PG) (2008) **2.05**  
 Awkward. (PG) **2.35** Awkward.  
 (M) **3.00** The Ice Cream Show.  
 (PG) **3.30** PopAsia TV. (PG) **4.30**  
 VICE. (PG) **5.05** A Good Day To  
 Die. (PG) **5.35** If You Are The  
 One. (PG) **6.35** Seconds From  
 Disaster. **7.30** The Feed. **8.00** Mr  
 Tachyon On The Edge Of Science.  
 (M) **8.30** Movie: Kon-Tiki. (M)  
 (2012) **10.35** Movie: The Admiral:  
 Roaring Currents. (MA15+)  
 (2014) **12.40** Spotless. (MA15+)  
**1.40** Motherboard. (M) **2.05** The  
 Therapist. (MA15+) **2.35** CGTN  
 English News. **3.00** Thai News.  
**3.30** Bangla News. **4.00** Punjabi  
 News. **4.30** Sri Lankan Sinhalese  
 News. **5.00** Korean News. **5.30**  
 Indonesian News.



## MOVIES

**6.00pm Guardians  
 Of The Galaxy Vol.  
 2** (2017) Action.  
 Chris Pratt, Zoe  
 Saldana. (M) Action  
**6.40pm Ali's  
 Wedding** (2017)  
 Comedy. Osamah  
 Sami, Don Hany. (M)  
 Premiere  
**8.30pm Swinging  
 Safari** (2018)  
 Drama. Guy Pearce,  
 Kylie Minogue. (M)  
 Premiere  
**GENERAL**  
**1.30pm Fear The  
 Walking Dead.**  
 (MA15+) Showcase  
**1.35pm Married To  
 Medicine Atlanta.**  
 (M) Arena  
**8.30pm Siren.** (M)  
 FOX8  
**DOCUMENTARY**  
**8.30pm Diesel  
 Brothers.** (PG)  
 Discovery  
**9.30pm DIY SOS:  
 The Big Build.** (PG)  
 Lifestyle  
**9.35pm  
 MasterChef.**  
 Lifestyle Food  
**SPORT**  
**6.00am Cricket.**  
 CPL. Barbados  
 v St Lucia. Fox  
 Sports 501  
**6.00am Motor  
 Racing.** IndyCar  
 Series. Grand Prix of  
 Portland. ESPN2  
**10.00am Baseball.**  
 Major League.  
 Houston Astros v Los  
 Angeles Angels of  
 Anaheim. ESPN2

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** Doctor Doctor. (PG) **2.00** The Block. (PG) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** The Block. (PG) **8.40** True Story With Hamish & Andy. (PG) **9.10** Kath & Kim. (PG) **9.45** Kath & Kim. (PG) **10.20** Mom. (M) **10.50** Mom. (M) **11.20** The AFL Footy Show. (M) **12.50** The Closer. (M) **2.00** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** Extra. **3.30** A Current Affair. **4.00** The Ellen DeGeneres Show. (PG) **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00** Friends. (PG) **12.00** Step Dave. (M) **1.00** World's Funniest Videos Top 10 Countdown. (PG) **2.00** Children's Programs. **3.30** Nexo Knights. (PG) **4.00** Kids' WB. (PG) **4.05** Tom And Jerry. **4.30** Teen Titans Go! (PG) **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **9.00** Movie: Batman & Robin. (PG) (1997) **11.30** Big Bang. (PG) **12.00** Bad Robots. (M) **12.30** Friends. (PG) **1.30** Aqua Teen Hunger Force. (MA15+) **1.45** Mr Pickles. (MA15+) **2.00** Adv Time. (PG) **2.30** Regular Show. (PG) **3.00** Clarence. (PG) **3.30** Beyblade Burst Evolution. **4.00** Tom And Jerry. **4.30** Yu-Gi-Oh! (PG) **4.50** Wild Kratts. **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: And Baby Will Fall. (M) (2011) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) **7.30** Take Me Out. (M) A single man vies for a date with one of 30 women on a panel by making it through a series of rounds. **8.45** 800 Words. (PG) Arlo pays the price when he two-times Lindsay and Poppy. Shay gets an unlikely visitor. **9.45** Manhunt. (M) A look at police manhunts. **10.45** Chicago Fire. (M) **11.45** Life Sentence. (M) Stella decides to apply for a manager position. **12.45** Cosmetic Coffee. (M) **1.15** The Player. (M) **2.30** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** ZooMoo Wild Friends. **7.30** Get Clever. **8.00** Pipsqueaks. **8.30** Million Dollar Minute. **9.30** NBC Today. **12.00** Mr Selfridge. (PG) **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Auction Squad. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. (PG) **7.30** Mrs Brown's Boys. (M) **8.30** Inspector George Gently. (M) A young woman is found murdered. **10.30** Air Crash Investigation. (PG) **11.30** Medical Emergency. (PG) **12.00** Escape To The Country. **1.00** Auction Squad. **2.00** Inspector George Gently. (M) **4.00** Million Dollar Minute. **5.00** Harry's Practice. **5.30** Animal Rescue.

## TEN

**6.00** The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Pointless. **8.30** Studio 10. (PG) **12.00** Dr Phil. **1.00** To Be Advised. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** Alive And Cooking. **4.00** Everyday Gourmet. **4.30** Bold. (PG) **5.00** News. **6.00** Pointless. **6.30** The Project. A look at the day's news. **7.30** Australian Survivor. After weeks in isolation, only 13 castaways remain in the game and the days of playing fair are well gone. **9.00** Bull. (M) Bull seizes the opportunity to make amends for losing a case that sent an innocent man to prison. **10.00** NCIS: LA. (M) Callen and Sam pursue a spy. **11.00** The Project. **12.00** Stephen Colbert. (PG) **1.00** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00** MacGyver. (PG) **9.00** Cheers. (PG) **10.00** Scorpion. (PG) **11.00** Bondi Rescue. (PG) **12.00** Hogan's Heroes. **12.30** NCIS. (M) **1.30** NCIS: Los Angeles. (M) **2.30** MacGyver. (PG) **3.30** Diagnosis Murder. (PG) **4.30** Star Trek: The Next Generation. (PG) **5.30** Star Trek: Voyager. **6.30** Bondi Rescue. (PG) **7.30** Walker, Texas Ranger. (M) **8.30** CSI: Miami. (M) **10.30** CSI: NY. (MA15+) **11.30** 48 Hours. (M) **12.30** Home Shopping. **2.00** Star Trek: Voyager. **3.00** Walker, Texas Ranger. (M) **4.00** Cheers. (PG) **5.00** The Doctors.

## ABC

**6.00** News. **9.00** ABC News Mornings. **10.00** Grand Designs. **11.00** Gardening. **11.30** Julia Zemiro's Home Delivery. (PG) **12.00** ABC News At Noon. **1.00** Four Corners. **1.45** Media Watch. (PG) **2.00** Miniseries: Jamaica Inn. (M) **3.00** Murder, She Wrote. (PG) **3.45** Mary Berry's Absolute Favourites. Final. **4.10** Doctor Who. (PG) **5.00** ABC News At Five. **5.10** Drum. **6.00** Grand Designs. **7.00** ABC News. **7.30** 7.30. **8.00** Foreign Corre. **8.30** Catalyst. **9.30** Search For Second Earth. **10.25** ABC Late News. **10.55** The Business. **11.15** Q&A. **12.20** Golf. PGA Tour. Dell Technologies C'Ship. **1.15** Search For Second Earth. **2.10** Miniseries: Jamaica Inn. (M) **3.15** Rage. (MA15+) **4.40** Tractor Monkeys. **5.10** Doctor Who. (PG)

## ABC COM

**6.00** Children's Programs. **6.30** Dot. **6.40** Rusty Rivets. **6.50** Andy's Wild Adventures. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. **8.00** The IT Crowd. (PG) **8.25** The IT Crowd. (M) **8.50** Goober. (PG) **9.00** Summer Heights High. (M) **9.30** Tonightly With Tom Ballard. (M) **10.00** The Inbetweeners. (M) **10.25** Peep Show. (M) **10.55** Workaholics. (MA15+) **11.15** Archer. (M) **11.35** The Office. (PG) **12.00** 30 Rock. (PG) **12.20** Parks And Recreation. (M) **12.45** Tonightly With Tom Ballard. (M) **1.15** Peep Show. (M) **1.40** Workaholics. (MA15+) **2.00** The Office. (PG) **2.25** Archer. (M) **2.50** News Update. **2.55** Close. **5.00** The WotWots. **5.10** Arthur. **5.40** Bottle Top Bill. **5.55** Playdate.

## SBS

**6.00** WorldWatch. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Trepallum. (M) **3.00** Kylie Kwong: My China. **3.30** Who Do You Think You Are? **4.30** Kylie Kwong: Heart And Soul. **5.00** Cycling. UCI World Tour. Vuelta a España. Highlights. **5.30** Letters And Numbers. **6.00** Chefs' Line. **6.30** News. **7.30** Great Indian Railway Journeys. **8.30** Insight. **9.30** Dateline. **10.00** The Gang Crackdown. **10.30** SBS News. **11.00** The Son. (M) **11.50** Cardinal. (MA15+) **12.40** Miniseries: The Hollow Crown. (MA15+) **3.00** Movie: Troll Hunter. (M) (2010) **4.55** Poh & Co. Bitesize. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** Movie: Lovestorming. (M) (2010) **1.45** Ice Man. (M) **2.35** Awkward. (PG) **3.00** Tough Young Teachers. (PG) **4.05** News. **4.35** PBS News. **5.35** If You Are The One. **6.35** Seconds From Disaster. **7.30** The Feed. **8.00** Adam Ruins Everything. (PG) **8.30** 8 Out Of 10 Cats Does Countdown. **9.30** Post Radical. (M) New. **10.20** F\*ck That's Delicious. (M) **10.50** Slutriver. (MA15+) **11.15** Cycling. UCI World Tour. Vuelta a España. Stage 10. **2.00** Motherboard. (M) **2.30** RT News In English From Moscow. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**6.25pm Mother!** (2017) Horror. Jennifer Lawrence, Javier Bardem. (MA15+) **Premiere** **8.30pm It** (2017) Horror. Bill Skarsgård, Jaeden Lieberher. (MA15+) **Premiere** **10.45pm Happy Death Day** (2017) Horror. Jessica Rothe, Israel Broussard. (M) **Premiere**

## GENERAL

**9.00pm Animals.** (MA15+) **Comedy Channel** **9.30pm Southern Charm Savannah.** (M) **Arena** **9.30pm The Tale.** (MA15+) **Showcase** **DOCUMENTARY** **7.30pm Living In The Shadow Of World War Two.** (PG) **History** **8.30pm The Detectives: Murder On The Streets.** (M) **Crime & Investigation** **8.30pm North Korea: Dark Secrets.** (PG) **History** **SPORT** **9.00am Tennis.** US Open. Round of 16. **ESPN** **10.00am Gridiron.** College. Florida State v Virginia Tech. **ESPN2** **11.00pm Cycling.** UCI World Tour. Tour of Spain. Stage 10. Salamanca to Feroselle. **Eurosport**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

0409

**LEGENDS SHOWCASE**

**FRIDAY 7 SEPTEMBER**

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## NINE

**6.00** Today. **9.00** Today Extra. (PG)  
**11.30** Morning News. **12.00** The  
 Ellen DeGeneres Show. (PG) **1.00**  
 Extra. **1.30** Kevin Can Wait. (PG)  
**2.00** The Block. (PG) **3.00** News  
 Now. **4.00** Afternoon News. **5.00**  
 Millionaire Hot Seat. **6.00** Nine  
 News. **7.00** A Current Affair. **7.30**  
 The Block. (PG) **8.50** Bite Club.  
 (M) **9.50** Truth And Lies: The  
 Menendez Brothers. (MA15+)  
**11.30** Lethal Weapon. (M) **12.25**  
 Rizzoli & Isles. (M) **1.30** Extra. **2.00**  
 TV Shop: Home Shopping. **2.30**  
 Global Shop. **3.00** Skippy The  
 Bush Kangaroo. **3.30** A Current  
 Affair. **4.00** The Ellen DeGeneres  
 Show. (PG) **5.00** News Early  
 Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00**  
 Friends. (PG) **12.00** Step Dave.  
 (M) **1.00** World's Funniest Videos  
 Top 10 Countdown. (PG) **2.00**  
 Children's Programs. **4.00** Kids'  
 WB. (PG) **4.05** Tom And Jerry.  
**4.30** Teen Titans Go! **5.00** Adv  
 Time. (PG) **5.30** Regular Show.  
 (PG) **6.00** Friends. (PG) **7.00** Big  
 Bang. (PG) **9.00** Movie: Bean.  
 (PG) (1997) **10.45** Big Bang. (PG)  
**12.05** Bad Robots. (M) **12.30**  
 Friends. (PG) **1.30** Aqua Teen  
 Hunger Force. (MA15+) **1.45** Mr  
 Pickles. (MA15+) **2.00** Adv Time.  
 (PG) **2.30** Regular Show. (PG) **3.00**  
 Clarence. (PG) **3.30** Beyblade Burst  
 Evolution. **4.00** Tom And Jerry.  
**4.30** Yu-Gi-Oh! (PG) **4.50** Wild  
 Kratts. **5.10** Regal Academy. **5.30**  
 World's Funniest Videos Top 10  
 Countdown. (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning  
 Show. (PG) **11.30** News. **12.00**  
 Movie: Run For Your Life. (M)  
 (2014) **2.00** Daily Edition. **3.00**  
 The Chase. **4.00** News. **5.00**  
 The Chase Aust. **6.00** News.  
**7.00** Home And Away. (PG) **7.30**  
 Highway Patrol. (PG) Officers  
 deal with two lawbreakers. **8.00**  
 Motorbike Cops. (PG) Trading  
 the desk for a bike, officers join  
 in on a big operation to deal  
 with mobile phone usage. **8.30**  
 9-1-1. (M) Athena attempts to  
 help a desperate woman. **9.30**  
 Criminal Minds. (M) The team  
 investigates a murderous clown.  
**10.30** Criminal Minds. (M) **11.30**  
 Deception. (M) **12.30** Battle Creek.  
 (M) Final. **1.30** Travel Oz. (PG)  
**2.00** Shopping. **4.00** NBC Today.  
**5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Harry's  
 Practice. **7.00** ZooMoo Wild  
 Friends. **7.30** Get Clever. **8.00**  
 Pipsqueaks. **8.30** Million Dollar  
 Minute. **9.30** NBC Today. **12.00**  
 Lovejoy. (PG) **2.00** Million Dollar  
 Minute. **3.00** Harry's Practice.  
**3.30** Auction Squad. **4.30** Animal  
 Rescue. **5.00** Medical Emergency.  
 (PG) **5.30** Escape To The Country.  
**6.30** Bargain Hunt. (PG) **7.30** Tales  
 From The Coast With Robson  
 Green. (PG) **8.30** Judge John  
 Deed. (M) A 15-year-old needs  
 a heart transplant. **10.30** Cities  
 Of The Underworld. (PG) **11.30**  
 Medical Emergency. (PG) **12.00**  
 Escape To The Country. **1.00**  
 Auction Squad. **2.00** Shopping.  
**4.00** Million Dollar Minute.  
**5.00** Harry's Practice. **5.30**  
 Animal Rescue.

## TEN

**6.00** The Talk. (PG) **7.00** Ent.  
 Tonight. **7.30** Bold. (PG) **8.00**  
 Pointless. **8.30** Studio 10.  
 (PG) **12.00** Dr Phil. **1.00** To Be  
 Advised. **2.00** Ent. Tonight. **2.30**  
 Neighbours. (PG) **3.00** Judge Judy.  
 (PG) **3.30** Alive And Cooking. **4.00**  
 Everyday Gourmet. **4.30** Bold. (PG)  
**5.00** News. **6.00** Pointless. **6.30**  
 The Project. A look at the day's  
 news. **7.30** The Bachelor Aust.  
 A date card sends shockwaves  
 through the mansion with what it  
 reveals. **8.30** Movie: Runaway  
 Bride. (PG) (1999) Julia Roberts,  
 Richard Gere, Joan Cusack. A  
 columnist searches for a woman  
 who cost him his job. **10.30**  
 Hawaii Five-O. (M) **11.30** The  
 Project. **12.30** Stephen Colbert.  
 (PG) **1.30** Shopping. **4.30**  
 CBS Morning.

## ONE

**6.00** Home Shopping. **8.00**  
 MacGyver. (PG) **9.00** Cheers.  
 (PG) **10.00** Scorpion. (PG) **11.00**  
 Bondi Rescue. (PG) **12.00** Hogan's  
 Heroes. **12.30** NCIS. (M) **1.30**  
 NCIS: Los Angeles. (M) **2.30**  
 MacGyver. (PG) **3.30** Diagnosis  
 Murder. (PG) **4.30** Star Trek: The  
 Next Generation. (PG) **5.30** Star  
 Trek: Voyager. **6.30** Bondi Rescue.  
 (PG) **7.30** Walker, Texas Ranger.  
 (M) **8.30** NCIS: Los Angeles. (M)  
**11.30** CSI: NY. (MA15+) **12.30**  
 Home Shopping. **2.00** Star Trek:  
 The Next Generation. (PG) **3.00**  
 Walker, Texas Ranger. (M) **4.00**  
 Diagnosis Murder. (PG) **5.00**  
 The Doctors.

## ABC

**6.00** News. **9.00** ABC News  
 Mornings. **10.00** Grand Designs.  
**11.00** Gardening. **11.30** Julia  
 Zemiro's Home Delivery. **12.00** ABC  
 News. **12.30** Press Club. **1.30** Aust  
 Story. **2.00** Miniseries: Jamaica  
 Inn. (M) **2.55** Murder, She Wrote.  
**3.45** The Cook And The Chef.  
**4.10** Doctor Who. **5.00** ABC News  
 At Five. **5.10** Drum. **6.00** Grand  
 Designs. **7.00** ABC News. **7.30**  
 7.30. **8.00** Brush With Fame. (PG)  
**8.30** The Weekly. (M) **9.00** Back  
 In Very Small Business. (M) New.  
**9.35** Adam Hills: The Last Leg. (M)  
**10.15** Tonight. (M) **10.45** ABC  
 Late News. **11.15** The Business.  
**11.30** Four Corners. **12.20** Media  
 Watch. **12.35** Miniseries: Inside  
 Men. (MA15+) **1.30** Adam Hills:  
 The Last Leg. (M) **2.10** Rage.  
 (MA15+) **3.40** Late Programs.

## ABC COM

**6.00** Children's Programs. **7.05**  
 Ben And Holly. **7.20** Shaun The  
 Sheep. **7.30** Spicks And Specks.  
 (PG) **8.00** Absolutely Fabulous.  
 (PG) **8.30** How To Be Absolutely  
 Fabulous. (PG) **9.00** Little Britain  
 Abroad. (M) **9.30** Tonightly With  
 Tom Ballard. (M) **10.00** The  
 Moaning Of Life. (M) **10.45** Peep  
 Show. (M) **11.10** Workaholics.  
 (M) **11.35** Archer. (M) **11.55** The  
 Office. (PG) **12.15** 30 Rock. (PG)  
**12.40** Parks And Recreation. (PG)  
**1.00** Corey White's Roadmap To  
 Paradise. (M) **1.35** Tonightly With  
 Tom Ballard. (M) **2.05** Peep Show.  
 (M) **2.30** Workaholics. (MA15+)  
**2.55** The Office. (PG) **3.15** Archer.  
 (M) **3.40** News Update. **3.45**  
 Close. **5.00** The WotWots. **5.10**  
 Arthur. **5.40** Bottle Top Bill. **5.55**  
 Playdate.

## SBS

**6.00** WorldWatch. **7.30** Italian  
 News. **8.10** Filipino News. **8.40**  
 French News. **9.00** Tennis. US  
 Open. Quarter-finals. **2.00** Made  
 In Italy. **2.30** Made In Italy. **3.00**  
 Dateline. **3.30** Insight. **4.30** Kylie  
 Kwong: Heart And Soul. **5.00**  
 Cycling. UCI World Tour. Vuelta a  
 España. Highlights. **5.30** Letters  
 And Numbers. **6.00** Chefs' Line.  
**6.30** News. **7.30** Railway Journeys  
 UK. **8.05** Food Safari Water.  
 (PG) **8.35** The Employables. (M)  
**9.40** Deep State. (M) **10.35** SBS  
 News. **11.10** Taboo. (MA15+)  
**12.15** Movie: 5 Women. (MA15+)  
 (2016) **2.00** Bosch. (M) **3.00**  
 Bosch. (M) **4.00** Inquisition.  
 (MA15+) **4.55** Poh & Co. Bitesize.  
**5.00** CGTN English News. **5.15**  
 NHK World English News. **5.30**  
 Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **9.00** Croatian  
 News. **9.30** Serbian News. **10.00**  
 Dutch News. **10.30** African News.  
**11.00** NHK Japanese News.  
**11.35** Hindi News. **12.00** Movie:  
 All Our Desires. (M) (2011) **2.10**  
 Hamilton's Pharmacopeia. (M)  
**3.00** Over The Black Dot. **4.05**  
 Woman With Gloria Steinem.  
 (PG) **4.35** PBS News. **5.35** If You  
 Are The One. **6.35** Seconds From  
 Disaster. **7.30** The Feed. **8.00**  
 South Park. (M) **8.30** Movie:  
 Escobar: Paradise Lost. (M) (2014)  
**10.45** Sluterve. (MA15+) **11.10**  
 Cycling. UCI World Tour. Vuelta  
 a España. Stage 11. **2.00** News.  
**2.30** France 24. **3.00** Thai News.  
**3.30** Bangla News. **4.00** Punjabi  
 News. **4.30** Sri Lankan Sinhalese  
 News. **5.00** Korean News. **5.30**  
 Indonesian News.



## MOVIES

**6.15pm Only The  
 Brave** (2017) Drama.  
 Josh Brolin, Miles  
 Teller. (M) *Premiere*  
**6.30pm Tulip Fever**  
 (2017) Romance.  
 Alicia Vikander,  
 Christoph Waltz.  
 (MA15+) *Masterpiece*  
**8.30pm 47 Meters  
 Down** (2017)  
 Adventure. Mandy  
 Moore, Matthew  
 Modine. (M) *Premiere*

## GENERAL

**8.30pm Forged In  
 Fire**. (PG) A&E  
**8.30pm Mayans  
 M.C.** (MA15+)  
*Showcase*

**9.30pm The Daily  
 Show With Trevor  
 Noah**. (M) Comedy  
 Channel

## DOCUMENTARY

**7.30pm Hayley Ever  
 After: The Dress**.  
 (PG) TLC

**8.30pm  
 Hairy Bikers'  
 Mediterranean  
 Adventure**. (PG)  
*Lifestyle Food*

**9.30pm George  
 Clarke's Best Of  
 Amazing Spaces**.  
*Lifestyle*

## SPORT

**9.00am Baseball**.  
 Major League. *ESPN2*  
**9.00am Tennis**. US  
 Open. Men's and  
 Women's Quarter-  
 finals. *ESPN*  
**5.30pm Rugby  
 Union**. Mitre 10 Cup.  
 Week 4. Waikato  
 v Wellington. *Fox  
 Sports 503*

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

0509

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## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** Bite Club. (M) **2.00** The Block. (PG) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Driving Test. (PG) New. **8.00** RBT. (PG) **8.30** World's Wildest Flights. (PG) **9.30** The NRL Footy Show. (M) **11.00** World's Funniest Videos Top 10 Countdown. (PG) **11.30** World's Funniest Videos Top 10 Countdown. (PG) **12.00** Cold Case. (M) **1.00** Surfing Australia TV. **1.30** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** Extra. **3.30** A Current Affair. **4.00** The Ellen DeGeneres Show. (PG) **5.00** News Early Edition. **5.30** Today.

## GO!

**6.00** Children's Programs. **11.00** Friends. (PG) **12.00** Step Dave. (M) **1.00** World's Funniest Videos Top 10 Countdown. (PG) **2.00** Children's Programs. **3.30** Nexa Knights. (PG) **4.00** Kids' WB. (PG) **4.05** Tom And Jerry. **4.30** Teen Titans Go! (PG) **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **8.30** Movie: Napoleon Dynamite. (PG) (2004) **10.30** Big Bang. (PG) **12.00** WWE Raw. (MA15+) **1.00** Friends. (PG) **1.30** Aqua Teen Hunger Force. (MA15+) **1.45** Mr Pickles. (MA15+) **2.00** Adv Time. (PG) **2.30** Regular Show. (PG) **3.00** Clarence. (PG) **3.30** Beyblade Burst Evolution. **4.00** Tom And Jerry. **4.30** Yu-Gi-Oh! (PG) **4.50** Wild Kratts. **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: The Perfect Daughter. (M) (2016) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) **7.30** Beach Cops. (PG) Cops chase some young men. **8.00** Surveillance Oz. (PG) Teenagers get stuck in a lift they're defacing with graffiti. A fiery crash makes heroes out of bystanders. **8.30** Movie: Sweet Home Alabama. (PG) (2002) Reese Witherspoon, Josh Lucas. A New York socialite returns to Alabama. **10.45** Movie: The World's End. (MA15+) (2013) Simon Pegg. **1.00** Manhattan Love Story. (PG) **1.30** Manhattan Love Story. (PG) **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** ZooMoo Wild Friends. **7.30** Get Clever. **8.00** Pipsqueaks. **8.30** Million Dollar Minute. **9.30** NBC Today. **12.00** Property Ladder UK Revisited. (PG) **1.00** Cities Of The Underworld. (PG) **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Property Ladder UK Revisited. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. (PG) **7.30** Father Brown. (M) **8.30** Murdoch Mysteries. (M) **11.30** Medical Emergency. (PG) **12.00** Animal Rescue. **12.30** Property Ladder UK Revisited. (PG) **2.30** Rhythm Of Life: 24 Hours On A Coral Reef. **3.30** Harry's Practice. **4.00** Million Dollar Minute. **5.00** Escape To The Country.

## TEN

**6.00** The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Pointless. **8.30** Studio 10. (PG) **12.00** Dr Phil. **1.00** To Be Advised. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** Alive And Cooking. **4.00** Everyday Gourmet. **4.30** Bold. (PG) **5.00** News. **6.00** Pointless. **6.30** The Project. **7.30** The Bachelor Aust. Hosted by Osher Günsberg. **8.30** Gogglebox. TV fanatics open up their living rooms to reveal their reactions to popular and topical TV shows. **9.30** Blue Bloods. (M) Danny and Baez race to find a missing girl who will die within 72 hours without her heart medication. **10.30** Blue Bloods. (M) **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping. **4.30** CBS Morning.

## ONE

**6.00** Home Shopping. **8.00** MacGyver. (PG) **9.00** Cheers. (PG) **10.00** Scorpion. (PG) **11.00** Bondi Rescue. (PG) **12.00** Hogan's Heroes. **12.30** NCIS. (M) **1.30** NCIS: Los Angeles. (M) **2.30** MacGyver. (PG) **3.30** Diagnosis Murder. (PG) **4.30** Star Trek: The Next Generation. (PG) **5.30** Star Trek: Voyager. **6.30** Bondi Rescue. (PG) **7.30** Walker, Texas Ranger. (M) **8.30** Car Crash Britain. (M) **9.30** The Ultimate Fighter: Heavy Hitters. **10.30** NCIS: Los Angeles. (M) **12.30** Home Shopping. **2.00** Star Trek: The Next Generation. (PG) **3.00** Cheers. (PG) **4.00** Diagnosis Murder. (PG) **5.00** The Doctors.

## ABC

**6.00** News. **9.00** ABC News Mornings. **10.00** Grand Designs. **11.00** Gardening. **11.30** Julia Zemiro's Home Delivery. **12.00** ABC News. **1.00** Afghanistan: Inside Australia's War. (M) **2.00** Miniseries: Inside Men. (M) **2.55** Murder, She Wrote. **3.45** The Cook And The Chef. **4.10** Doctor Who. **5.00** ABC News At Five. **5.10** Drum. **6.00** Grand Designs. **6.55** Sammy J. **7.00** ABC News. **7.30** 7.30. **8.00** Grand Designs Aust. **8.50** Loch Ness. (M) **9.40** QI. (PG) **10.10** ABC Late News. **10.40** The Business. **10.55** Cuffs. (M) Final. **11.55** Loch Ness. (M) **12.40** Miniseries: Inside Men. (M) **1.40** Rage. (MA15+) **2.40** Golf. PGA Tour. Dell Technologies C'Ship. **3.35** Cuffs. (M) Final. **4.35** Tractor Monkeys. (PG) **5.05** Doctor Who. (PG)

## ABC COM

**6.00** Children's Programs. **6.30** Dot. **6.40** Rusty Rivets. **6.50** Andy's Wild Adventures. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** The Weekly. (M) **8.30** Sammy J. **8.35** Famalam. (M) Final. **9.00** Little Britain Abroad. (M) **9.30** Tonightly With Tom Ballard. (M) **10.00** Back In Very Small Business. (M) **10.30** Peep Show. (M) **10.55** Workaholics. (M) **11.20** Archer. (M) **11.40** The Office. (M) **12.00** 30 Rock. (M) **12.25** Parks And Recreation. (PG) **12.45** Tonightly With Tom Ballard. (M) **1.15** Peep Show. (M) **1.40** Workaholics. (M) **2.00** The Office. (PG) **2.25** Archer. (M) **2.45** News Update. **2.50** Close. **5.00** The WotWots. **5.10** Arthur. **5.35** The Day Henry Met. **5.40** Bottle Top Bill. **5.55** Playdate.

## SBS

**6.00** WorldWatch. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.00** Tennis. US Open. Quarter-finals. **2.00** Living Black. **2.30** The Marngrook Footy Show. **4.00** My Restaurant In India. (PG) **4.30** Kylie Kwong: Heart And Soul. **5.00** Cycling. UCI World Tour. Vuelta a España. Highlights. **5.30** Letters And Numbers. **6.00** Chefs' Line. **6.30** News. **7.35** Tony Robinson Down Under. (PG) **8.35** Police Custody: One Punch. (M) **9.30** Counterpart. (MA15+) **10.30** Counterpart. **11.35** SBS News. **12.05** Outlander. (M) **1.10** Outlander. (MA15+) **2.10** Bosch. (M) **3.05** Bosch. (M) **3.55** Caged. (MA15+) **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **9.00** Croatian News. **9.30** Serbian News. **10.00** Dutch News. **10.30** Somali News. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** Movie: Angele And Tony. (M) (2010) **1.30** Kingdom Of The Little People. (M) **2.25** VICE. (M) **3.00** Beerland. (PG) **3.30** It's Suppertime! (PG) **4.05** News. **4.35** PBS News. **5.35** If You Are The One. **6.35** Seconds From Disaster. **7.35** The Feed. **8.05** Dateline. **8.35** Movie: 500 Days Of Summer. (M) (2009) **10.20** Terror. (M) **11.10** Cycling. UCI World Tour. Vuelta a España. Stage 12. **2.00** News. **2.30** Deutsche Welle. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**6.30pm** My Cousin Rachel (2017) Drama. Rachel Weisz, Sam Claflin. (M) Masterpiece  
**8.30pm** Dunkirk (2017) War. Mark Rylance, Tom Hardy. (M) Premiere  
**8.30pm** Breathe (2017) Drama. Andrew Garfield, Claire Foy. (M) Masterpiece  
**GENERAL**  
**8.30pm** Alone Together. (M) Comedy Channel  
**9.30pm** The Daily Show With Trevor Noah. (M) Comedy Channel  
**9.40pm** The Ganges With Sue Perkins. Part 1 of 3. (PG) UKTV

## DOCUMENTARY

**8.30pm** Twin Turbos. (PG) Discovery Turbo  
**8.30pm** Bering Sea Gold. (PG) Discovery  
**9.30pm** Jillian & Justin. Lifestyle Home  
**SPORT**  
**6.00am** Tennis. US Open. Men's and Women's Quarter-finals. ESPN  
**5.30pm** Rugby Union. Mitre 10 Cup. Week 4. Canterbury v Manawatu. Fox Sports 503  
**7.50pm** Football. AFL. Finals Series. Week 1. Fox Footy

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

0609

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## NINE

**6.00** Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** Ellen DeGeneres. (PG) **1.00** Movie: Thunderbirds. (PG) (2004) Bill Paxton, Ben Kingsley. A rescue network's HQ is invaded by terrorists. **3.00** News. **4.00** Afternoon News. **5.00** Hot Seat. **6.00** Nine News. **7.00** Rugby League Finals Preview. **7.50** Rugby League. NRL. First qualifying final. **9.45** Rugby League Finals Post-Match. **10.45** Movie: Getaway. (M) (2013) Ethan Hawke, Selena Gomez, Jon Voight. A burned-out race car driver is thrust behind the wheel after his wife is kidnapped. **12.30** Extra. **1.00** Two And A Half Men. (PG) **1.30** TV Shop: Home Shopping. **2.30** Filthy Rich. (M) **3.30** Skippy. **4.00** Global Shop. **4.30** Avengers. (PG) **5.30** ACA.

## GO!

**6.00** Children's Programs. **11.00** Friends. (PG) **12.00** Step Dave. (M) **1.00** World's Funniest Videos **2.00** Countdown. (PG) **2.00** Children's Programs. **4.30** Teen Titans Go! (PG) **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Movie: Escape From Planet Earth. (PG) (2013) **7.45** Movie: Inkheart. (PG) (2007) **9.50** Movie: Jumper. (M) (2008) **11.35** Kevin Can Wait. (PG) **12.00** WWE Smackdown. (MA15+) **1.00** Rick And Morty. (MA15+) **1.30** Aqua Teen Hunger Force. (MA15+) **1.45** Mr Pickles. (MA15+) **2.00** Adv Time. (PG) **2.30** Regular Show. (PG) **3.00** Clarence. (PG) **3.30** Beyblade Burst Evolution. **4.00** Tom And Jerry. **4.30** Yu-Gi-Oh! (PG) **4.50** Wild Kratts. **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

## SEVEN

**6.00** Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Killer Reality. (M) (2013) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Better Homes. Joh, Tara, Adam, Graham, Jason and Ed team up to transform three neighbouring houses. **8.30** Movie: Bridget Jones: The Edge Of Reason. (M) (2004) Renée Zellweger, Colin Firth, Hugh Grant. Bridget Jones fears her relationship with Mark Darcy is in jeopardy after meeting his glamorous colleague. **10.35** To Be Advised. **11.50** The Goldbergs. (PG) **12.20** Grey's Anatomy. (M) **1.10** Grey's Anatomy. (M) **2.00** Shopping. Shopping program. **4.00** The Great Outdoors. **5.00** NBC Today.

## 7TWO

**6.00** Shopping. **6.30** Harry's Practice. **7.00** ZooMoo Wild Friends. **7.30** Get Clever. **8.00** Pipsqueaks. **8.30** Million Dollar Minute. **9.30** NBC Today. **12.00** House Of Wellness. (PG) **1.00** Better Homes. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Australia's Amazing Homes. (PG) **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Border Security: Int. (PG) **8.30** Australia's Amazing Homes. (PG) **9.30** Selling Houses Aust. **10.30** Peter Andre's 60 Minute Makeover. (PG) **11.30** Border Security: Int. (PG) **12.30** Medical Emergency. (PG) **1.00** Animal Rescue. **1.30** Harry's Practice. **2.00** Selling Houses Aust. **3.00** Late Programs.

## TEN

**6.00** The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Pointless. **8.30** Studio 10. (PG) **12.00** Dr Phil. **1.00** The Living Room. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) **3.00** Judge Judy. (PG) **3.30** Alive And Cooking. **4.00** Everyday Gourmet. **4.30** Bold. (PG) **5.00** News. **6.00** Pointless. **6.30** The Project. **7.30** The Living Room. Jamie revives a garden damaged during renovations. Dr Chris explores Victoria's southern coast. **8.30** To Be Advised. **9.00** Have You Been Paying Attention? (M) A panel of special guests compete to see who can remember the most about the week. **10.00** To Be Advised. **10.30** 2017 Montreal Comedy Festival. (M) **11.30** The Project. **12.30** Stephen Colbert. (PG) **1.30** Shopping.

## ONE

**6.00** Home Shopping. **8.00** Motor Racing. Formula 1. Race 14. Italian Grand Prix. Replay. From Autodromo Nazionale Monza, Monza, Italy. **9.00** Cheers. (PG) **10.00** Scorpion. (PG) **11.00** Bondi Rescue. (PG) **12.00** Hogan's Heroes. **12.30** NCIS. (M) **1.30** NCIS: Los Angeles. (M) **2.30** MacGyver. (PG) **3.30** Diagnosis Murder. (PG) **4.30** Star Trek: The Next Generation. **5.30** Star Trek: Voyager. Final. **6.30** Bondi Rescue. **7.30** Walker, Texas Ranger. (M) **11.30** NCIS: Los Angeles. **12.30** Home Shopping. **2.00** Walker, Texas Ranger. (M) **5.00** The Doctors.

## ABC

**6.00** News Breakfast. **9.00** ABC News Mornings. **10.00** Grand Designs. **11.00** Gardening Australia. **11.30** Julia Zemiro's Home Delivery. (PG) **12.00** ABC News At Noon. **1.00** One Plus One. **1.25** Foreign Correspondent. **1.55** Miniseries: Inside Men. (M) **2.50** Teenage Boss. **3.15** Doc Martin. (PG) **4.05** Doctor Who. (PG) **5.00** ABC News At Five. **5.10** The Drum. **6.00** Grand Designs. **7.00** ABC News. **7.30** Gardening Australia. **8.30** Killing Eve. (MA15+) **9.15** Marcella. (M) **10.05** QI. (M) **10.35** ABC Late News. **11.05** The Business. **11.20** The Weekly With Charlie Pickering. (M) **11.50** Planet America. **12.35** Rage. (MA15+) **5.00** Rage. (PG)

## ABC COM

**6.00** Children's Programs. **6.30** Dot. **6.40** Rusty Rivets. **6.50** Andy's Wild Adventures. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Hard Quiz. (PG) **8.30** Gruen XL. (M) **9.15** Detectorists. (M) **9.45** Tonightly With Tom Ballard: Best Of The Week. (M) **10.15** Blackadder II. (M) **10.45** Peep Show. (M) **11.10** Workaholics. (M) **11.35** Archer. (M) **11.55** The Office. (PG) **12.15** 30 Rock. (PG) **12.40** Parks And Recreation. (PG) **1.00** Tonightly With Tom Ballard: Best Of The Week. (M) **1.30** Peep Show. (M) **1.55** Workaholics. (M) **2.20** The Office. (M) **2.45** Archer. (M) **3.05** News Update. **3.10** Close. **5.00** The WotWots. **5.10** Arthur. **5.35** The Day Henry Met. **5.40** Bottle Top Bill. **5.55** Playdate.

## SBS

**6.00** WorldWatch. **8.10** Filipino News. **8.40** French News. **9.00** Tennis. US Open. Women's semi-finals. **2.00** The Point. **3.00** NITV News Week In Review. **3.25** Poh's On The Road. **4.00** Poh's On The Road. **4.30** Kylie Kwong: Heart And Soul. **5.00** Cycling. UCI World Tour. Vuelta a España. Highlights. **5.30** Letters And Numbers. **6.00** Chefs' Line. **6.30** News. **7.35** Extreme Railway Journeys. (PG) **8.30** Movie: Eye In The Sky. (2015) Helen Mirren. **10.25** SBS News. **10.55** Movie: Un Mundo Secreto. (M) (2012) **12.30** Ride Upon The Storm. (M) **1.35** Ride Upon The Storm. (M) **2.45** The Legacy. (M) **3.50** The Legacy. (M) **4.55** Poh & Co. Bitesize. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

## SBS VLND

**6.00** WorldWatch. **9.30** Serbian News. **10.00** Dutch News. **10.30** Armenian News. **11.00** NHK Japanese News. **11.35** Hindi News. **12.00** Movie: How I Ended This Summer. (M) (2010) **2.25** VICE. (M) **3.00** Beerland. (PG) **3.30** It's Suppertime! (PG) **4.00** News. **4.30** PBS News. **5.30** If You Are The One. (PG) **6.30** Seconds From Disaster. **7.30** The Great Australian Race Riot. (M) **8.30** Adam Looking For Eve. Return. **9.25** Nude. New. **9.50** Nude. **10.20** King Of The Road. (MA15+) **11.10** Cycling. UCI World Tour. Vuelta a España. Stage 13. **2.00** News. **2.30** NHK World English News. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** Korean News. **5.30** Indonesian News.



## MOVIES

**6.30pm** Passengers (2016) Sci-Fi. Jennifer Lawrence, Chris Pratt. (M) *Premiere*

**8.30pm** Murder On The Orient Express (2017) Drama. Kenneth Branagh, Daisy Ridley. (M) *Premiere*

**10.25pm** Transformers: The Last Knight (2017) Action. Mark Wahlberg. (M) *Premiere*

**GENERAL**  
**7.00pm** Model Squad. (M) *E!*  
**7.30pm** America's Got Talent. (PG) *FOX8*

**9.30pm** The Daily Show With Trevor Noah. (M) *Comedy Channel*

**DOCUMENTARY**  
**7.00pm** Say Yes To The Dress: UK. (PG) *TLC*  
**7.30pm** Murder Made Me Famous. (M) *Crime & Investigation*

**7.30pm** Ancient Tracks. (PG) *History*  
**SPORT**  
**10.15am** Gridiron. NFL. Week 1. Philadelphia Eagles v Atlanta Falcons. *ESPN2*

**7.50pm** Football. AFL. Finals Series. Week 1. *Fox Footy*  
**8.00pm** Rugby League. NRL. Finals Series. Week 1. *Fox League*

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

0709

## NORTH LAKES COMMUNITY WOMEN'S GROUP INC. NEWS

This week 42 of our lovely ladies attended our meeting. We had speakers from 2 very different organisations provide interesting and enlightening presentations.

Firstly Jenny and Ali from the Travel Team did a presentation on travel packages and tour options they offer. Our ladies were very impressed by the tours that they presented.

Our second speaker was Lynda Roberts from Save the North Lakes Golf Course who provided information on the planned developments and what residents can do to prevent this happening.

This is an issue that has the potential to impact many of our members.

Tuesday 4th September, 10am - September General Meeting, followed by a Guest Speaker, Rose Pitman, a personal trainer and yoga teacher who will be talking to us about living a healthy and active lifestyle. Visitors welcome.

Tuesday 11th September 10am - Guest Speaker, Brian Herd from CRH Law. Visitors welcome.

Tuesday 18th September 10am - Guest Speaker, Carol Bacon from Restore One. Carol made a huge impact on our Group when she visited us last year to talk to us about Restore One and its mission to 'Break Poverty, one child, one family, one community at a time'. Carol will be giving us an update on the work that has been done in Cambodia. Visitors welcome

Tuesday 25th September - Fashion Parade and lunch at Old Petrie Town. Members only.

Our meetings are open to all women in North Lakes/Mango Hill-Moretton Bay District. For more information please contact Trish 0447 071 221 or Sue 0418 785 944.

## HAPPY BIRTHDAY LAURIE!



NO, NOT THAT ONE...



NOPE, NOT THAT ONE EITHER...



THIS Laurie, the one who makes your crosswords.

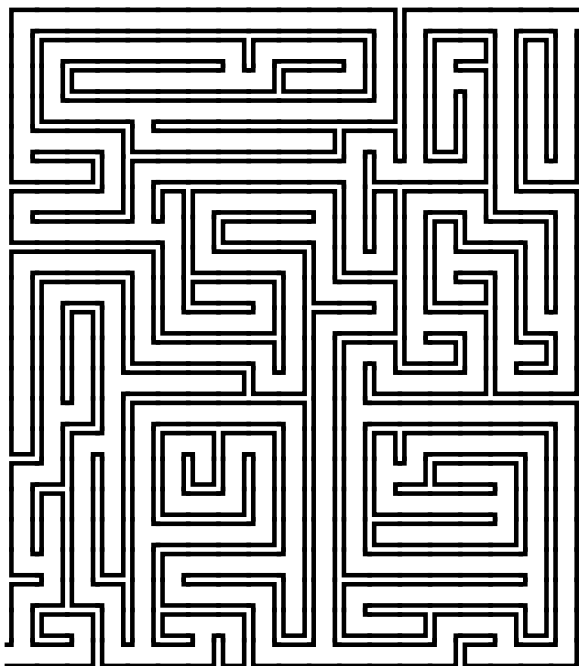
We'd like to wish a happy 90th to Laurie Stibbe on behalf of all those who have enjoyed the crosswords and the Messenger staff. Thanks for all the laughs (and the Crossies).



# SUDOKU

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## AMAZING MAZES

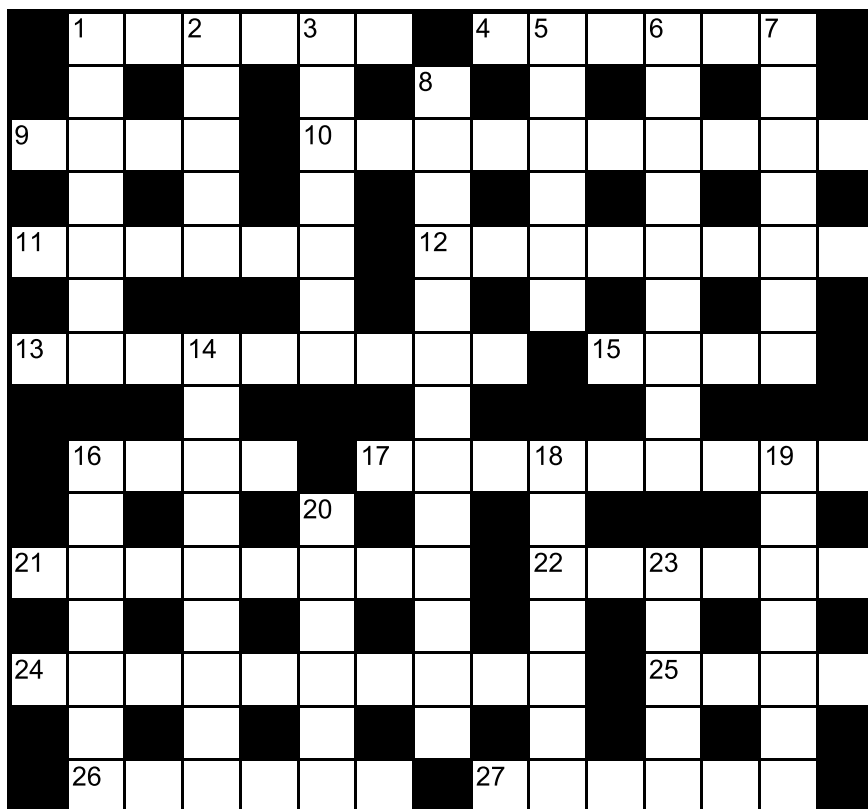


## CROSSWORD SOLUTION FROM LAST ISSUE

	C		A		C		B	
A	P	O	L	L	O		H	O
M		N		P		C	N	N
F	A	S	C	I	A		O	B
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R		N		D		T		C
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S		Q		N		D		O
S	T	U	N	T	S		B	E
	E		O				D	

# BIRTHDAY ANAGRAM

Our beloved crossword champion Laurie Stibbe turns 90, to celebrate:



The letter following the clue is the first letter of the answer.

### ACROSS

- 1 MES SEA -- S
- 4 SUCCUA -- C
- 9 UTTA -- T
- 10 I'M NULL IN ME -- M
- 11 MY BORE -- E
- 12 BED AGAIN -- B
- 13 HE REFT RIG -- F
- 15 DABR -- B
- 16 WACL -- C
- 17 MEAGRE TEN -- A
- 21 GOOSE RUG -- G
- 22 GYN RUH -- H
- 24 AERATED GNU -- G
- 25 LA VI -- V
- 26 INLETS -- E
- 27 AIR FEE -- F

### DOWN

- 1 ME SMART -- S
- 2 STRAY -- S
- 3 MATH MOM -- M
- 5 AGE DAN -- A
- 6 DOC RUN MUN -- C
- 7 DUD GEMS -- S
- 8 FLATBED BARGES -- F
- 14 NAIL A GURU -- I
- 16 SO CRUEL -- C
- 18 CHAINED -- E
- 19 REAR ANT -- N
- 20 NO DUBS -- B
- 23 NERVE -- N

# COMMUNITY NOTICE BOARD ONLINE

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- Maximum of 60 words per submission
- Please resubmit your item in full when making alterations
- Entries updated every Thursday
- Your submission will run ongoing until you notify us otherwise

# UNITYWATER AND SEQWATER WIN AWARD FOR PETRIE WATER PROJECT

A project to connect 100,000 residents to the South-East Queensland Water Grid has won the Engineering Construction award at the Project Management Achievement Awards, hosted by the Australian Institute of Project Management.

The Petrie Water Supply Upgrade, a joint project between Unitywater and Seqwater, has provided residents in Dakabin, North Lakes, Mango Hill, Kallangur, Murrumba Downs, Griffin, Petrie, Lawnton and Strathpine with a more secure water supply.

Unitywater Executive Manager Sustainable Infrastructure Solutions Scott Barnes said they were thrilled the project had been recognised.

"This was a significant \$16.5 million project. It comprised three major construction projects including a 2.4km pipeline, that

were seamlessly integrated to connect a large number of our customers to a more reliable water supply," Mr Barnes said.

"Receiving this award is testament to those who delivered this project."

Seqwater General Manager Dan Spiller said: "We were proud to work with Unitywater on this project to improve water supply services for local customers."

"This new water supply scheme significantly increases water supply security for the Moreton Bay community with residents now connected to the Water Grid, which supplies bulk drinking water to most of South East Queensland."

Pictured: Seqwater's Malcolm Densley and Unitywater Project Manager Colin Jackson accept the award.



151/9 WHITE IBIS DRIVE, GRIFFIN  
OFFERS OVER \$330,000

3 2.5 1

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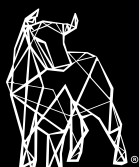


22/15 SILVEREYE DRIVE, GRIFFIN  
OFFERS OVER \$320,000

3 2.5 1

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## A word from our clients...

9 Ganton Street, North Lakes  
- Daniel & Belinda

*"Darren was great to deal with - genuinely helpful and a good communicator without coming across as pushy. As a buyer he realistically wasn't working for us but didn't make us feel that way. Would recommend!"*

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**45 Tamarillo Circuit, Narangba**

3 2 2

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Hayley Stever  
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**Sold**



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4 2 2

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tony.wilkie@raywhite.com

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sold.

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Pauline Barlow  
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pauline.barlow@raywhite.com

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Another  
sold.

Sold



40 Copeland Drive, North Lakes

3 2 2

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Sold



6 Chaffey Street, Mango Hill

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53/119 Copeland Drive, North Lakes

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Chad Patrick  
0433 553 722  
chad.patrick@raywhite.com

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# HOUSING 25 MILLION

Australia's population reached 25 million shortly after 11pm on August 7, ticking over much sooner than predicted. In 2002, the first Intergenerational Report (IGR) estimated that Australia would reach a population of 25.3 million in 2042. The 2007 report suggested this target would be reached in 2027. By 2010, our population was 22 million and the IGR estimated the population would exceed 25 million by 2020.

Now, it is more important than ever that housing supply is kept strong to ensure affordable housing for future generations, says the Housing Industry Australia.

"Clearly growth has occurred faster than the experts predicted. The latest Intergenerational Report (2015) now predicts that Australia's population will reach 39.7 million by 2055," said HIA Deputy Managing Director, Graham Wolfe.

"If these predictions are to be realized we must find a way to keep new, affordable homes coming into the market to ensure supply is maintained across the country. To do otherwise would see Australia continue a pattern of undersupply, ongoing affordability challenges and further reductions in home ownership rates.

"In 2016 Australia built a record number of 230,000 new homes. We will need to maintain this rate of annual supply across all states for the next thirty years if we are to keep pace with population growth.

"We know that the excessive cost of supplying new housing lies at the core of the affordability challenge, with almost 40 per cent of a new house and land package being made up of taxes



and charges, but equally a stable supply chain underpins greater certainty in affordability.

"Governments must recognise that growth in the housing sector and improvements in housing affordability will not be realised by making adhoc changes to negative gearing, capital gains tax or charges on foreign investors.

"Further, both state and Federal governments must come to a unified agreement on developing mechanisms for land supply to be measured and

managed across the nation so that a consistent supply pipeline can be sustained to meet housing demand.

"Cooperation from all three tiers of government is an essential component in keeping the housing market buoyant.

"A strong housing sector at a time of population growth not only means more affordable houses, it means more jobs, and a more prosperous economy overall," concluded Mr Wolfe.



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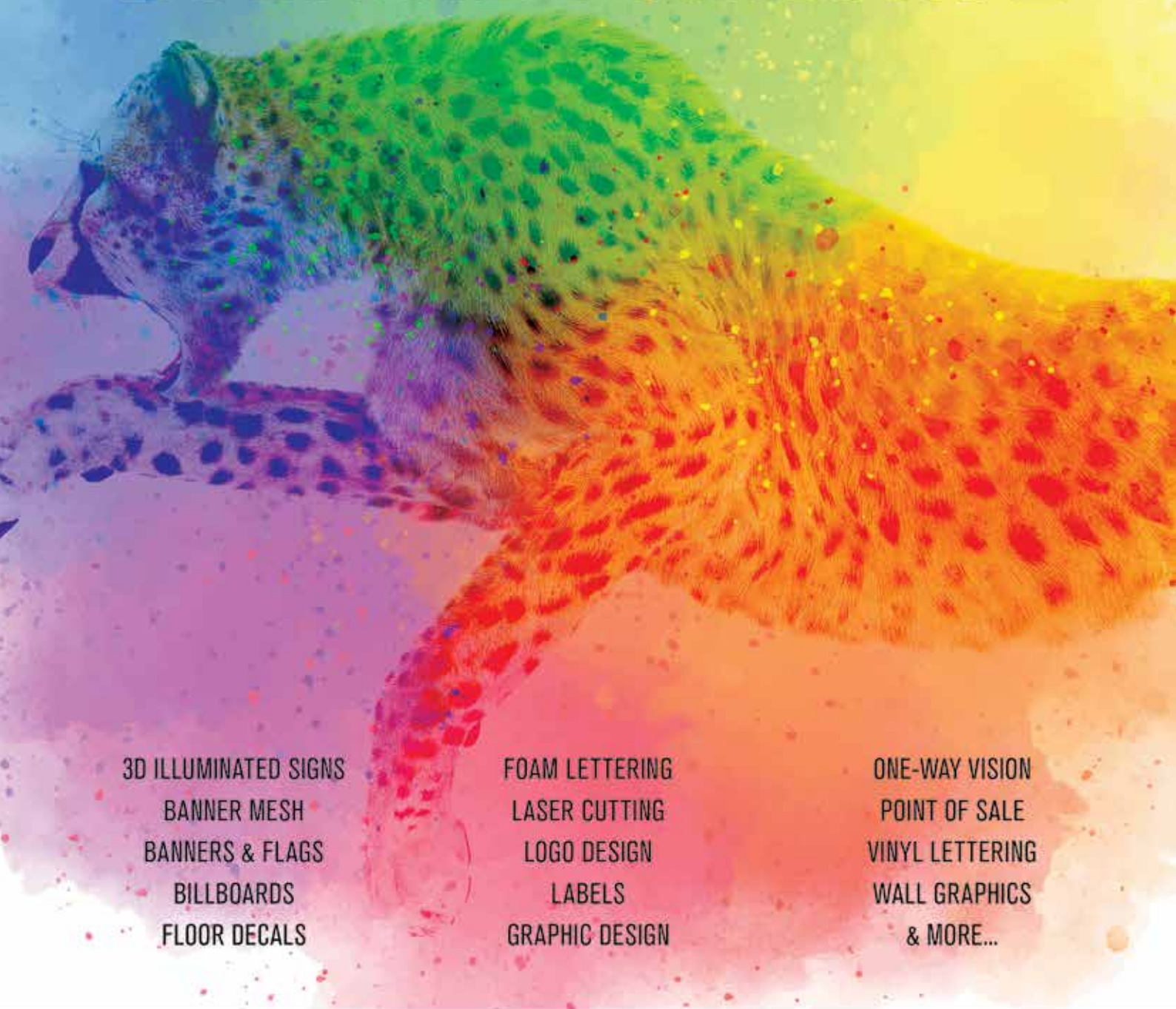
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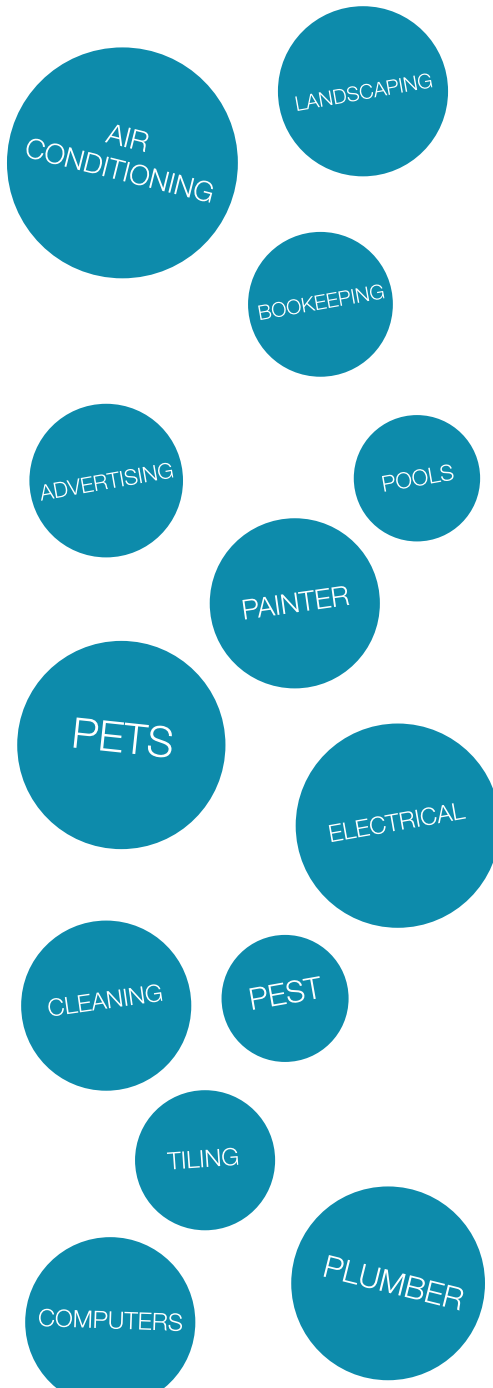
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